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JENNIFER FRIESEN/FOR METRO

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metroNEWS

Behind city's closed doors

POLITICS
Council spent 25% of time dealing with issues privately

Calgary councillors are spending an increasing amount of time talking city business in private, according to data provided to Metro from the Manning Foundation.

The data, to be released publicly in the coming weeks, shows that Calgary leads other cities in closed-door meetings.

Since the beginning of the 2013 council session, Calgary councillors have spent around 25 per cent of their time discussing issues "in camera" in comparison with Toronto, where only 7 per cent of the meeting goes private.

"Quite often I ask why we have to go in camera on a certain issue, and I definitely think we should be in public more, for sure," said Ward 4 Coun. Sean Chu.

"Every time we go in camera, councillors can't talk about it ... in my opinion, certain issues we talk about behind closed doors should be public."

Manning Foundation researcher Jeromy Farkas said the trend is concerning, especially with a mayor and council who want to be open to the public.

"It's a difficult thing to square that with the fact that they're spending more and more time in secret, really the highest amount of any major Canadian city."

Coun. Shane Keating said he thinks things need to change, and council should be more open about their meetings. But he said other municipalities have different ways of conducting their affairs — like in Toronto, where council spends less time in discussion and concentrates more on votes, leaving chit chat to their offices.

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Train wash needs renovations



Helen Pike
Metro | Calgary

Calgary Transit is getting bigger, and with their spurt comes a lot of changes, one being they've outgrown their showers.

With four-car CTrains being introduced this fall, many preparations, including retrofitting the current Anderson Garage to accommodate the new builds, are underway. Currently, out of the two garages the city has for train repairs, only one is equipped to handle the extra cars.

"We have to basically put a new one in," said Calgary Transit fleet manager Russell Davies. "That location (Anderson) was only ever really built for three-car trains," Davies said. "Our train wash that's there right now is 30 plus years old, isn't particularly energy efficient, or efficient with water usage."

Davies said the CTrain wash they have in the Oliver Bowen Maintenance Facility was built about five years ago and complies with the city's goals to reduce water consumption by 30 per cent over 30 years, so it's Anderson Garage's turn to get up to speed.

Although he hopes the washing facilities will be built on time for the new trains' arrivals, Davies isn't sure that will happen. Until then, he said there is a workaround that includes splitting the train into groups of two cars and leaving them outside the building on tracks — but it won't be ideal in the winter.



A CTrain goes through Calgary Transit's wash system. COURTESY CITY OF CALGARY

1800

The number of litres of water it takes to wash a three-car train. That's about 15 times more water than your average car wash.

80-90%

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3 to 4 minutes

The time it takes to wash a single CTrain car. That's up to 16 minutes for an entire four-car train — but who's counting?

2

Facilities equipped with CTrain car washes. The Anderson Garage's wash station has been around for about 30 years and the last time Calgary Transit built a train wash was about five years ago.



Really, it's not drastically different from your everyday car wash you see at the regular gas stations.

Russell Davies, fleet manager

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Memorial erected for slain woman

CRIME

Police charge boyfriend with first-degree murder



Lucie Edwardson
Metro | Calgary

Chelsea Serpentine-Harty was an "amazing person" and "loved by everyone," friends of the murder victim said Thursday.

They've started a memorial, laying flowers on the porch of the house where she died.

"We just want her to know she's loved and missed," said Beth, Serpentine-Harty's old roommate, who asked her last name not be used.

Grace McKenzie told Metro she was "shocked" to hear of her friend's death.

"She was just the nicest per-

son," McKenzie said. "I can't believe she is gone."

McKenzie said she wants Serpentine-Harty remembered as "someone who was always there for you when you needed someone to talk to."

Police have charged Serpentine-Harty's boyfriend, 26-year-old Jonathon Edward Martin, with the first-degree murder in her death.

Police said they were called to a home on the 400 block of Pinehill Road NE at about 5:45 p.m. Tuesday. When they arrived, police said they found a woman dead in the home.

Police identified Serpentine-Harty as the victim after an autopsy on Wednesday.

Staff Sgt. Colin Chisholm said the accused and the victim were in a relationship and living together in the home where Serpentine-Harty died.

"Our information is that they were in a dating relationship for one month," said Chisholm. "They were living

“She would’ve given you the shirt off her back.”
Beth, last name withheld

together at the time of the murder."

McKenzie, however, said Serpentine-Harty and Martin began dating in February and only moved in together a month ago.

The 24-year-old lived in her basement before moving in with Martin at the beginning of August, Beth said.

Chisholm said police believe alcohol "may have been a factor" in Serpentine-Harty's death.

Both friends said they'd met Martin on numerous occasions, but never thought something like this would happen.

"Chelsea said one time that

he was an aggressive talker and a stupid drunk," she said. "She never seemed afraid of him or anything though."

Beth said she's heartbroken by the news and said her friend was "well loved" and generous.

"She would've given you the shirt off her back," she said. "She was just the most genuine, awesome girl."

Chisholm said the cause and manner of death won't be released at this time.

Anyone who may have information about this incident is asked to call police at 403-266-1234, or Crime Stoppers anonymously at 1-800-222-8477.



Three flower bouquets have been left on the doorstep of the Pineridge home Chelsea Serpentine-Harty, inset, shared with Jonathon Edward Martin.

JENNIFER FRIESE/ FOR METRO (INSET: FACEBOOK)

MONTEREY PARK

Charges laid over murder

A man has been charged by Calgary police in relation to the murder that took place in Monterey Park last week.

Said Raed Abdulkaki, 20, has been charged with second-degree murder. He appeared in court on Thursday morning.

On Aug. 22, at approximately

9 p.m., police responded to calls of a man found injured on a driveway on the 7000 block of California Boulevard NE. The victim was transported to hospital where he later died.

Calgary police say 27-year-old David Quach died as a result of a shooting.

Police confirmed with Metro Wednesday that Quach was previously known to police.

Metro obtained court documents that indicate Quach had been involved with a case related to the trafficking of cocaine, but was not found guilty.

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Parents worried about bus stop cuts

CBE

Scheduling, safety issues emerge after announcement



Aaron Chatha
Metro | Calgary

The Calgary Board of Education has released information on this year's school bus stops, and it's left parents scrambling to reorganize their schedules and worried about how far kids now need to walk.

This school year the CBE has introduced congregated bus stops. In an effort to reduce costs, the CBE removed a number of bus stops, asking some students to travel further to meet their bus.

For Krista Mcray's son, the bus stop used to be just around the corner. Now, it's almost a kilometre away.

"Now with these new congregated stops, we're in Lake Bonavista and the entire community only has one bus stop,"



Some parents are concerned about their children walking more than a kilometre to the new congregated bus stops. METRO FILE

Mcroy said. "He now has to walk almost a kilometre to his bus stop. There are two busy intersections for him to cross to get there."

Mcroy also notes her son's

ride time has doubled, from 20 minutes to 40 minutes.

It's also thrown a wrench into her schedule, as she has to drop her daughter off to elementary school for 8:10

a.m. Her son's bus arrives at 8:15 a.m.

So Mcroy said she now has no choice but to drive her son to school every morning. Unfortunately, this means her

youngest daughter will be dropped off late to daycare.

Should she choose to let her son walk to the bus stop every morning, she said she'd be worried for his safety during the

winter months.

"It's in the dark. I won't allow him to walk. He's only 10," she said. "Come November when the time changes and the weather turns nasty, he's going to be walking that far and crossing two intersections in the dark, in winter conditions."

A CBE representative was unavailable for comment, but did say in an email statement that the shift to congregated stops saved parents from an increase in fees.

Lisa Davis, president of the Calgary Association of Parents and School Councils, said she has received a number of calls from a number of parents who feel the CBE left them with no time to make arrangements by releasing the information only four days before school started.

"It's very challenging for thousands of parents to be scrambling at the last minute trying to make different arrangements," said Jillian Millar Drysdale, parent of two.

"The expectation seems to be that parents can be on call to go and drive their children to the stop and wait until someone can pick them up."



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CRIME

Neighbourhood on edge after fatal shooting



Lucie Edwardson
Metro | Calgary

Neighbours say a northwest home where a man was shot and killed Thursday saw a revolving door of residents.

Police were called to the 600 block of Arbour Lake Drive N.W. around 5:40 p.m. Thursday over reports of multiple shots fired in the area.

A man in his 40s was found

dead. The Calgary police homicide unit is now investigating.

Jeff and Jacqueline Ainslie have lived in Arbour Lake for 16 years and they're shocked something like this could happen in their neighbourhood.

"Arbour Lake was rated in the top five communities last week, and now this," said Jeff.

His wife Jacqueline said they've never seen anything like it in their community.

"It's not something you want to see in your neighbourhood, or

anywhere, especially in Calgary," she said. "There are tons of kids here, so it's scary that kids can see something like that, too."

Colleen Schneider, a 15-year resident of Arbour Lake, said you see stuff like this in the news, but not in this area.

"Sometimes you're almost numb to it. I mean, it's close to home, but you hear so much about the stuff on the news. I mean, it's still shocking," said Schneider. "It's so weird to see it in person. I mean you always

see it in pictures on the news, but it's actually weird to see with your own eyes."

Other neighbours said there's a steady stream of new people who frequent the home where the man was killed.

Police contained the area and continued their investigation Thursday night. They said it doesn't appear to be a random shooting.

Anyone with information is asked to call police at 403-266-1234.



In 2011, Ashley Edward Fair was left on a desolate highway by P.T. Limos and died. The owner of this coach says that wouldn't happen with his company. HILARY MCDONALD/FOR METRO

Fix party bus rules: Judge

COURTS

Justice shares concerns with how vehicles are regulated



Ryan Tumilty
Metro | Edmonton

The death of a heavily intoxicated Sherwood Park man, who party-bus operators left by the side of a dark highway, has a provincial-court judge calling for tougher rules for the industry.

Ashley Edward Fair, 23, was killed in 2011 after he ran across Highway 16, near Elk Island National Park, and was run over by a semi-trailer.

Staff of P.T. Limos, the operators of the party bus, left Fair at the entrance to the park after he appeared to be heavily intoxicated. His blood-alcohol level was more than three times the legal limit when he died.

Judge S.E. Richardson found a shocking string of problems with the way party buses are

regulated, including that the Alberta Gaming and Liquor Commission (AGLC) doesn't even have the ability to check on liquor licences for vehicles. While inspectors can walk into any bar, they can't stop a vehicle.

P.T. Limos staff running the bus did not have ProServe training, which is mandatory for people to serve alcohol. Other than the driver, there was only one staff member, and he was drinking.

Morgan Muring, the owner of Basline Limousines, said all of his staff are ProServe-trained and nothing gets out of control.

"If you start renting to (young people) for club runs and things like that, you are going to have problems," he said.

Rob Pape, a compliance manager with the AGLC, said in this case they didn't even know about the incident until the inquiry took place. He said that right now the AGLC conducts operations to ensure limousines and party buses are living up to the conditions of their licence.

Pape said the AGLC was reviewing the recommendations and would consider implementing them.

+ RICHARDSON'S RECOMMENDATIONS

1. AGLC inspectors should be able to stop vehicles on the road to check if they're in compliance.
2. Licence holders should be required to report any breaches of their licence in a timely manner.
3. All staff working on a party bus or limousine should have ProServe training.
4. A standard staff-to-patron ratio onboard buses and limousines.
5. All companies should have a written policy for keeping passengers safe and an emergency contact for all patrons on board.
6. Licence holders should not be allowed to remove a passenger without waiting for the arrival of emergency responders or family to pick up the passenger.
7. All vehicles should have a cell phone or other way to call for assistance.

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Council hikes security

CHAMBERS

Visitors to be screened with bag checks, detectors

Helen Pike
Metro | Calgary

Calgarians hoping to sneak a coffee into council chambers unnoticed may have some troubles come September, as the city has beefed up the security process.

The city's corporate security department unveiled on Thursday shiny new metal detectors that will be manned by staff who will also perform bag checks on visitors before they sit in on council sessions.

The glass partition between councillors and members of the public is going up by 35.5 centimetres, and more security guards will be on the clock while the municipal government is in session.

"This is for the protection of everyone inside the council



Don von Hollen says more watchmen are projected to be on the clock while the municipal government is in session.

JENNIFER FRIESEN/METRO

chamber," said acting manager of corporate security Don von Hollen. "We want to keep council meetings as streamlined as we can while providing safety for everyone inside."

Prohibited items include food and drink, weapons, illegal drugs, flammable substances and noisemakers. Councillors won't go through

the same security check and may bring beverages to meetings.

Von Hollen said the last time security was reviewed in council was 2008, adding that while enhancements were made to security in 2010, another update was needed.

Although Edmonton's council chamber does not have metal detectors, von

Hollen said they looked at the Alberta Legislature for improvements in security.

Detectors for provincial politicians are also quite new, installed shortly after the Parliament Hill shootings in Ottawa.

When asked if councillors were being harassed, von Hollen said he could not say, explaining that the change in security wasn't related to a particular incident.

"There hasn't been any incidents that caused this," he said. "We feel this is going to improve our response for any incidents moving forward."

He added that, in a separate move, the Municipal Building's security is now being done in-house instead of through contracted workers.

"We wanted to improve the process. By coming in-house, we're able to control the training of the staff," he said.

Von Hollen said that although previous training was sufficient, the city has moved to give security staff an extra four weeks of training beyond what is required by the solicitor general.



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Pitching CalgaryNEXT

IN DEFENCE OF



Mike Morrison
Metro | Calgary

Even with a federal election and Calgary's smoky skies, CalgaryNEXT is still top of my mind.

I've been thinking a little more about it, and how I would have pitched the idea to Calgary if I were in charge — even with the millions in tax dollars the Calgary Sports and Entertainment Corporation are expecting to score.

The CalgaryNEXT presentation wasn't all bad. I mean have you ever heard someone try so hard to make a field-house exciting? While King tells us that there's no Plan B, we all know there is. So before he presents a vision that might actually garner support from Calgarians, I have some ideas.

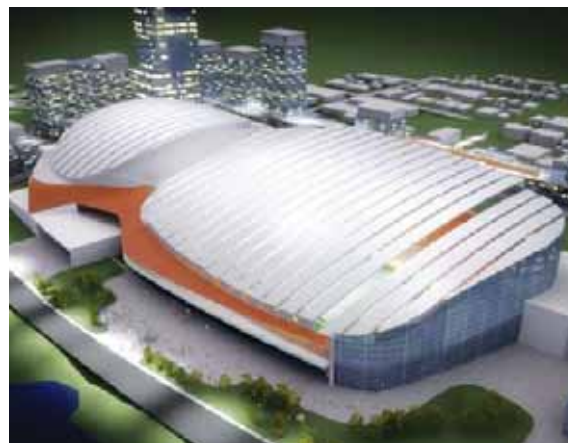
I think King's biggest problem was he spent way too much time preaching to the converted. Hockey fans may not care about a new arena.

They like hockey. They don't care if it's in a \$800 million arena or in my grandmother's basement. You got hockey? They'll watch it.

But where was the pitch to appeal to the rest of Calgary? Where's the appeal to Calgarians who don't own a Flames jersey? Instead of preaching to the converted, the people behind CalgaryNEXT should have gone after the people they knew were going to oppose it.

With oil companies pulling their funding, Calgary's arts community is desperate for support, maybe King could find some room in the arena for a new arts facility? If CalgaryNEXT is supposed to be innovative, what's more innovative than the worlds of sports and arts finally coming together?

I would also ditch the Olympics-tease. The only city in the world that's vaguely interested in the Olympics is Toronto, and that's not a good thing. Toronto's wanted those games for so



Metro columnist Mike Morrison thinks there was a better way to pitch the CalgaryNEXT project to citizens, even with the multi-million dollar draw on the public purse.

MIKE MORRISON/FOR METRO

long, they're blind to the fact that they might get them because no one else applies for it. They're expensive and controversial. Calgary pretty much broke up into riots over a \$7 million bike lane, you think we're going to

want to go ahead and fund an arena or the Olympics? Not a chance.

It really does come down to money. We know that the owners will have to chip in more than the planned \$200 million. They can afford it.



CalgaryNEXT should also address the fact that attending a Calgary Flames game has begun to feel elitist. We have to be the only team where the majority of people show up in dress shirts and ties.

Sorry, but the jig is up.

CalgaryNEXT should also address the fact that attending a Calgary Flames game has begun to feel elitist. We have to be the only team where the majority of people show up in dress shirts and ties.

Simply put, attending an NHL game is just out of reach for many Calgarians. If I were in charge, I'd make sure that CalgaryNEXT always had thousands of discounted seats available for those with lower incomes. And I mean really discounted. Like \$20.

If hockey fans thought they would finally be able to take their family to an NHL game and not have to take out a loan, well the pressure for the

city to help fund the stadium would increase exponentially.

The epic arena project will undoubtedly be a topic of debate well into our 2017 municipal election. But now that the shine of the initial presentation is beginning to fade, Ken King is facing an uphill battle with a seemingly growing group of people who think the city shouldn't financially back the project.

King and his team might have to take some time to come up with a new pitch, but in the end it'll be worth it. A new stadium makes sense, but I'll wait to see plan B.

Mike Morrison tweets from @mikesbloggity

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Bus rolls out with Pride

TRANSIT

Rainbow-hued vehicle will circle city in Pride Week



Jennifer Friesen
For Metro

Newly embossed with the colours of the rainbow, Calgary Transit is giving commuters a chance to ride with pride.

Calgary Transit teamed up with Calgary Pride and Pattison Outdoor to make the city's first Pride bus.

It rolls out on Friday morning and will circle the city on a number of routes for the 25th annual Pride Week, running from Aug. 28 to Sept. 7. "It's really exciting," said

Craig Sklenar, director of government affairs with Calgary Pride.

"It's the first time ever that Calgary Transit has provided such a large platform for us, to not only advertise the event, but show how inclusive the city is."

Routes for the Pride bus will be posted on social media daily and, on Sept. 6, the bus will join in the 2015 Calgary Pride Parade down 9 Avenue, where

they're expecting to see 60,000 people.

Doug Morgan, director of Calgary Transit, said the Pride bus is "in recognition of the hundreds of millions of people we carry."

"We're celebrating the diversity that is Calgary," he said. "Also the diversity of our customers, of our staff and just how Calgary's changing, and we want to be a part of that change."



Craig Sklenar, director of government affairs with Calgary Pride, says the new Pride bus shows how inclusive Calgary is.

JENNIFER FRIESEN/FOR METRO



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STREETSIDE DEVELOPMENTS

TRANSPORTATION

Councillors, city staff track LRT info



Helen Pike
Metro | Calgary

All aboard the LRT express!

On a fact-finding mission that will run the city and councillors' offices around \$25,000, Couns. Shane Keating, Druh Farrell, Jim Stevenson and the four directors of transportation will set out on a three-day trip to Vancouver, Seattle and Portland to meet with transit officials and dish the dirt on their prospective projects.

"Everyone we're going to talk to has recently completed a major LRT installation or is about to complete a major LRT installation," said Sean Somers, spokesperson with the City of Calgary transportation department.

For the city, normally consultants run around \$100,000, adding only one perspective.

"We have engineers, we have politicians, we have directors... so really we're getting a ton of experience, a ton of knowledge," said Somers. "Transportation is paying for our own stuff, and council is paying for their stuff."

With an estimated price tag as high as \$5 billion for the

Green Line project, Keating said it's important to get these things right, and meeting with these neighbouring industry experts will help both the city and council make connections.

He added to see other transit systems in use and review the options in person would be much more valuable than reading a report from council.

Coun. Sean Chu, who's ward is included in the Green Line project, was considering going, but decided against it when he saw the price tag.

Somers said the cities were chosen for their similar project elements corresponding to the Green Line and because they have similar geography and climate to Calgary.



Coun. Shane Keating will join fact-finding mission on LRTs.

METRO FILE

IN BRIEF

Probe finds wrongdoing by government managers

A review of whistleblower allegations has found wrongdoing by three senior Alberta government managers in the awarding of contracts.

The province's public interest commissioner received allegations late last year that staff in two departments ensured eight preferred individuals were top candidates for information technology contracts.

Alberta Municipal Affairs Minister Deron Bilous was

expected to react to the report Thursday afternoon.

THE CANADIAN PRESS

One dead, three injured after rollover in High River

One man is dead and three are in serious condition after their vehicle rolled over on Highway 2, near High River Thursday morning.

Of the three injured occupants, one woman was flown to hospital in life-threatening condition. The other two are in serious, but stable condition. METRO

Report on air quality takes scary new spin

HEALTH

Spider crawls into machine, sends reading off the charts



Aaron Chatha
Metro | Calgary

It was just a web of lies when an air monitoring station reported Calgary's air to be as bad as possible Thursday morning — a spider had crawled into the machine, causing it to rate air quality off the charts, even given the smoky circumstances.

The reading dropped once the insect was removed by workers later in the day.

The information collected by the station at the Inglewood Bird Sanctuary is used by Environment Canada to calcu-

late air quality health index (AQHI) levels.

Mandeep Dhaliwal, air quality program manager with the Calgary Region Airshed Zone, said the spider crawled into one of Calgary's three air-monitoring stations.

"It's one of those unusual events," said Dhaliwal. "As soon as it got inside, the analyzer, right away, detects a malfunction. It high scales and spits out a reading we hardly ever expect, so we know something's wrong."

The spider caused the machine to give the highest possible reading. Dhaliwal said workers had to remove parts of the machine to get it out.

"We just took out the inlet from the top and kind of sucked him out," he said. "It's a freakish incident."

Levels have now returned to what they were expecting. Dhaliwal warns the air quality index still indicates a moderate health risk.



Workers had to remove parts of an air monitoring station to remove a spider that had crawled inside Thursday. UWE ZUCCHI/ AFP/GETTY IMAGES

OILSANDS

Tour with U.S. group productive: Phillips

Alberta's environment minister is refuting opposition allegations that she wouldn't meet with a delegation of U.S. lawmakers who toured the oilsands.

Shannon Phillips says she met with the delegation, including Republican Senator Lindsey Graham, who wants to become the party's presidential candidate in the 2016 U.S. election.

Phillips says it was a productive tour and they all agreed that Canadian energy and the oilsands are part of a strong relationship between the two countries.

The Wildrose opposition accused the NDP of blowing off the delegation.

Phillips says the final details of the meeting weren't confirmed until Wednesday after the U.S. politicians had toured a carbon capture facility in Saskatchewan.

Wildrose member Tany Yao says the NDP didn't agree to meet with the delegation until after he offered to play host on behalf of the Alberta government.

Phillips said the stalled Keystone XL pipeline wasn't part of their discussions. THE CANADIAN PRESS, WITH FILES FROM CHED

IN BRIEF

Police seek suspect in armed robbery attempt

Police are seeking the public's help in identifying a suspect in a violent attempted robbery at Northland Mall on July 11.

The perpetrator pulled a gun on the victim in the parking lot and attempted

to rob them. When a witness intervened, a second suspect in a different car assaulted the victim and witness.

The robbery suspect is described as a male between the ages of 25 and 35, approximately 6' tall with a slim build.

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BY THE NUMBERS

ODOMETER FRAUD

Four people are charged with rolling back the odometers of cars they sold on Kijiji and similar sites, Calgary police said on Thursday. Police began their investigation in April. Similar frauds were staged in Edmonton. **LUCIE EDWARDSON** METRO

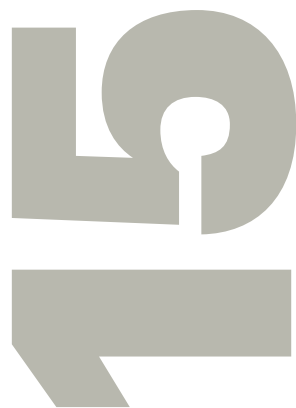
Amount of money found in cash in home of accused. Police also found odometer rollback devices, diagnostic equipment, bill of sale documents, licence plates, driver's licences not belonging to those in the residence, bear spray and a baton.

\$10K

The average Canadian drives 20,000 km a year. Police said to multiply that by the car's age. If the number is lower, they advise investigation.

20,000

Number of confirmed victims in this case. Police are asking anyone else who thinks they might have been a victim of odometer rollback fraud to contact them at 403-266-1234.



50-70%

Percentage the accused have rolled back on the odometers of cars they were selling. Rolling back odometers isn't a crime, but misrepresenting the mileage or condition is.

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Vehicles were purchased on Kijiji or similar sites and sold for up to \$3,000 more than they were worth. Police said the cars often needed thousands of dollars in repairs.

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Having a ball on and off the field

KEON RAYMOND

Stampeder talks football, family and giving back

Candice Ward
For Metro | Calgary

Tackling opponents on the field as a Calgary Stampeder and tackling being a husband and father to four off the field are jobs that defensive back Keon Raymond is grateful to have. The eight-year veteran and two-time Grey Cup champion spoke with Metro about his support at home and how he and his family hope to create change in the community.

Support system. For Raymond, his wife Bianca has always been No. 1. Raymond says his wife has sacrificed her dreams to support his.

"When you talk about someone who is in your corner, your best friend, it's hats off a picture of her," says Raymond. "It has been tough because it has always been me first with my



Calgary Stampeders
Keon Raymond with
his family, Keon II, 12,
DaShaun, 10, Rameal,
8, wife Bianca, and
Gabrielle, 4.

CANDICE WARD/FOR METRO

football career and she's been such a trouper to put her things on hold for me."

The pair now have four children: Keon II, 12, DaShaun, 10, Rameal, 8, and Gabrielle, 4.

"She is A-1, anything I can do to help her, I am down for," says Raymond.

Her cause. Both Raymond and his wife are passionate about creating change within their

community. Raymond is very active with Leading Change: The Alberta CFL Project, an initiative that partners members of the CFL with the Alberta Council of Women's Shelters to fight against domestic violence and abuse of women.

"That is something that's near and dear to me," says Raymond.

For Bianca, giving school-children a chance to succeed is

a cause that she has taken up through the creation of the Back 2 School Drive. This initiative collects backpacks and school supplies for children who may otherwise go without.

"Her biggest motto is that a kid should be able to be successful and it shouldn't be because they don't have," says Raymond.

Life as a father. As a dad to four kids, Raymond's hobbies

have disappeared and now the hobbies of his children have become his. But spending time with his children also comes from his desire to be as present as a father as he possibly can, especially with the schedule he keeps as a professional athlete.

"I do as much as I can with them, I grew up with my father not around a lot," says Raymond.

Raymond says he makes sure each of his children get their own time with him so he can get to know them as individuals.

Some of the dates he has been on with his children include skateboarding with Keon II and team parties with Gabrielle.

"I will dress up with her, sit down and have crackers and have a good time," says Raymond.

Lessons to his children. For Raymond, charity work is about giving back, but also developing character, which he hopes will trickle down to his children.

"I can't ask my boys to be the man I'm not willing to be," says Raymond. "I'm not perfect in any form or fashion, but I do my best to model my character when no one is watching and when everyone is watching."

+ QUICK Q&A

Favourite sport other than football? Basketball and St. Louis Cardinals baseball.

What do you love that no one ever asks you about?

Music — it is a universal language.

All-time favourite Stampeder? Stu Laird.

Favourite Calgary hang-out? TommyKPlay.

Your ideal vacation?

Disney World

On your iPod? Old-school 50 Cent and Tupac.

Movie could you watch over and over again?

Straight Outta Compton.

Bucket list item? Jumping out of an airplane — with a parachute.

Early bird or night owl?

Both, because I take mid-day naps.

Beer or wine? Beer.

If you weren't a football player, what would you be? High school teacher.

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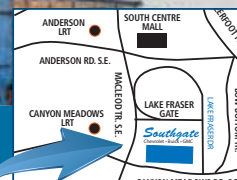
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MEDICINE

'Miraculous' surgery coming to Edmonton

Brad Freman was diagnosed with blood clots in his brain in 2011. He was having seizures and doctors said he had a choice: leave the clots and hope they didn't bleed or the seizures didn't worsen. Or, he could have surgery.

In the past, brain surgery for Freman's condition would have been risky and difficult. Plus, Freman's recovery would have taken months.

But a new procedure called

gamma knife radiosurgery — a facility for which the University of Alberta Hospital broke ground Thursday — could mean hundreds of others in Alberta will, as Freman did, be able to live a better life after a scary diagnosis without a huge tradeoff.

Freman said he elected for the surgery — which is painless, requires no anaesthesia and doesn't create an incision — without worry.

“With gamma knife being the alternative, it was like, why wouldn’t you?” he said Thursday, at a media event to announce the new centre that will house the technology. “We were gone for a weekend.”

Gamma knives focus about 200 small beams of radiation on a target. They are used to treat brain tumours, malformations and even Parkinson's disease. Most patients are able to leave the hospital on the same

day. Dr. Keith Aronyk, director of neurosurgery at the hospital, described the procedure as "almost miraculous." Freman tends to agree.

"So much of life changes, or could change, once you find out you have something in your head," he said. "This allows us to be, 'There's something in there, we need to get rid of it, but it's only going to take a day.'"

TIM QUERENGESSER/METRO



Director Kurtis David Harder keeps a close eye on the action as a scene is shot for *Incontrol*. JENNIFER FRIESEN/METRO

Local film Incontrol of your mind

SCI-FI THRILLER

Calgary crew's flick playfully delves into consciousness



Jeremy Simes
For Metro | Calgary

Imagine this: you and your college friends have discovered a device that lets you control other people.

Sounds fun, right? Nope — you take it too far and end up losing control of your own life.

That's what a local film crew is capturing in Calgary.

Titled *Incontrol*, director Kurtis David Harder said the sci-fi flick delves into the theme of addiction, where some tend to take things too far. Seriousness aside, he said the film is also meant to be playful.

"We're hoping to make a fun film, you know a sci-fi thriller that people can enjoy," Harder said. "But it also plays into asking moral questions and the deeper meaning behind it all."

"Thematically, the film looks at what makes a person who they are," added producer Chris Ball.

"But I think we all want to

BACKGROUND

Incontrol is set to finish production Sept. 10 and will tour film festivals across North America in 2016.

In 2013, Umbrella Collective Films saw its previous film, *Cody Fitz*, nominated for Best Dramatic Feature Film at the Alberta Media Production Industries Association.

know what it's like to be in someone else's shoes."

At first, Harder said the crew was going to film most of the set in Vancouver. But after thinking about the logistics, he said Calgary turned out to be a better option due to the growing and tight-knit community. "People really want to make something cool here," Harder said. "People in Calgary are so supportive."

Even though Ball has worked on larger budgeted sets — like the *Revenant* — he said it's important to sustain his indie roots.

"We're doing some ambitious things," he said. "The film has higher stakes, but we're minting our core values: coming together as a community to make a movie."

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<p>2013 Mercedes Benz GLK350 4Matic</p> <p>MSRP \$112,744 / \$65,000. Navigation, back-up camera, heated seats, cruise control, steering wheel controls, leather winged steering wheel.</p> <p style="background-color: yellow; text-align: right;">\$37,641</p>	<p>2014 Audi A4 2.0 Komfort</p> <p>MSRP \$72,154 / \$47,700. Black interior, sunroof, automatic headlights, rear parking sensors, aluminum 18 spoke wheels, Bluetooth.</p> <p style="background-color: yellow; text-align: right;">\$33,275</p>	<p>2014 BMW 302i xDrive</p> <p>MSRP \$69,614 / \$41,300. Power mirrors, cruise control, remote trunk release, audio and climate are steering wheel.</p> <p style="background-color: yellow; text-align: right;">\$32,322</p>
<p>2008 Lexus IS-F Series II</p> <p>MSRP \$119,954 / \$61,147 MSRP. DVD Navigation System with back-up camera, leather sport seats, 10-way power adjustable and heated front seats, driver seat memory system.</p> <p style="background-color: yellow; text-align: right;">\$35,978</p>	<p>2010 Lexus RX350 AWD</p> <p>MSRP \$70,914 / \$45,170. Grey leather interior, Bluetooth capability, multi rear seat gear with active, garage door opener, front seats heated & ventilated, memory system, power moon roof.</p> <p style="background-color: yellow; text-align: right;">\$27,253</p>	<p>2012 Lexus IS-F Series II</p> <p>MSRP \$111,954 / \$65,000. voice activated DVD Navigation System with back-up camera, leather accented sport seats, 8-way power adjustable and heated front seats, driver seat memory system.</p> <p style="background-color: yellow; text-align: right;">\$49,248</p>
<p>2011 Lexus GX460 AWD</p> <p>MSRP \$112,144 / \$66,000. Part auto airbags, adaptive air handling, LED headlamps, wood & leather winged steering wheel & shift knob, 1 year independent anti-climate control, Mark Levinson 10-speaker audio system.</p> <p style="background-color: yellow; text-align: right;">\$38,470</p>	<p>2009 Lexus IS-F Series I</p> <p>MSRP \$103,414 / \$72,000. F&E engine and 6-speed automatic transmission, 8 speed iV-Lite and 171 BHP of torque. Finished with black premium leather the 32 features 120 sport seats - heated with 10-way power adjustment.</p> <p style="background-color: yellow; text-align: right;">\$38,250</p>	<p>2008 Lexus RX 350 Ultra Premium AWD</p> <p>MSRP \$111,954 / \$70,420. Fully equipped with navigation, 8-way power seats, 17 speakers, leather interior, Bluetooth capability, multi-level heated front seats, 10 way power adjustable driver seat with memory system.</p> <p style="background-color: yellow; text-align: right;">\$21,621</p>

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GS	2.9%	2.9%	3.0%	3.9%	3.9%	4.0%
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*Based on a representative example using a finance price of \$16,923 for the 2015 Mazda3 GX (D4XK65AA00) at a rate of 1.49% APR, the cost of borrowing for an 84-month term is \$908, bi-weekly payment is \$98, total finance obligation is \$17,832.
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*To learn more about the Mazda Unlimited Warranty, go to mazdaunlimited.ca. Licence, insurance, taxes and down payment (where applicable) are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Offers valid August 1 - 31, 2015, while supplies last. Lease and finance on approved credit for qualified customers only. Prices and rates subject to change without notice. Visit mazda.ca or see your dealer for complete details.



Screenshots from the calgary.snaps Snapchat account. Five users run the account, which produces two-minute videos documenting city life each week.

SNAPCHAT

Take your pic ... of YYC's best side

SOCIAL MEDIA

Group compiles Snapchats to form weekly narrative



Jeremy Simes
For Metro | Calgary

Snapping the city one video at a time, you, too, can be part of Calgary's weekly story.

Through their Snapchat account, "calgary.snaps," a group of five Calgarians has been creating weekly snap-stories and sharing them with anyone who follows their account.

The weekly two-minute stories are comprised of 10-second videos snapped by Calgarians who are out exploring the city.

Dubbed the "unofficial" story of Calgary, calgary.snaps mirrors the story fea-

ture of other cities you'd typically see on the social media app, said the account's creator, J.S., who requested to have his full-name withheld.

"Calgary is a great place to be," he said. "I think there's a lot of unseen culture."

But don't expect any nudes to be dispersed, J.S. said, adding all submissions to the account will be moderated.

"We're not showcasing those bad nights out or epic fails," he said. "We're sharing what we're proud of."

Instead, the account will share video snaps of those enjoying life on campus, festivities, clubs and city-related adventures.

"We're really excited to share the city of Calgary," he said. "We think Snapchat is a growing platform and one that can be central to grow the community here, particularly with young people in academics and the workplace."

Although the account has 2,500 subscribers, J.S. said

66

We think Snapchat is a growing platform and one that can be central to grow the community here.

J.S.

people have been catching on quickly.

If you'd like to send a snap to the account, make sure you tack on a geo-filter to give the pic some flare, which can be activated if you turn on your location settings, J.S. said.

Also an entrepreneurial startup, J.S. said the team suggests that businesses interested in promoting themselves with a similar story feature platform should send them an email at snapchat.project@outlook.com.

Stories are published each weekend, lasting 24 hours.

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City waives development fees for secondary suites

HOUSING

Pilot program aims to get more units up to safety code



Helen Pike
Metro | Calgary

Beginning Sept. 1, the City of Calgary will launch a special program aiming to get noncompliant secondary suites up to code.

The 18-month program waives development permit applications and fees normally needed by residents considering building or updating their secondary suites.

"What the program is intended to achieve is to bring people who have existing suites bring them into minimum life safety standards," said Cliff De Jong, special project co-ordinator with the city's planning, development and assessment department.

"It does affect the number of existing properties, but it doesn't introduce secondary suites into



The city is offering landlords incentive to make suites safe. FILE

any new areas. It's only targeted at those where they're already allowed to be there."

Only suites in the R2 zones or those that already had a land redesignation are eligible. If a property isn't eligible because of zoning, the city is waiving the redesignation fee.

"There's no better time than now, we're not looking at penalizing folks that come in, if they've had a suite, it's been in existence for some time, this is the perfect opportunity to come in," De Jong said.

"We're not going to be taking action for having that suite, but what we want you to do is come in and just make the improvements you need to make to make it safe."

The program was approved in July as a pilot project.

"We want to see what the update is," De Jong said. "Of the top three reasons people decide not to come in and make their suite safe or compliant is the development permit process. It's either a perceived or real barrier."

USED CARS TO BE SOLD FOR \$1

ADVERTISING FEATURE

Carl Holst, Sales Manager of Stampede Toyota, just announced plans to hold a One dollar used car and truck sales event **Taking place, only on Saturday August 29, 2015.** According to Mr. Holst record sales from the last few months have resulted in an overstock of trade-ins.

"In the last three months our sales have increased at a tremendous rate", Holst said. "Now, we must reduce the number of cars and trucks on our used lot to a more manageable number. During this \$1 sale every used car and truck will be sold for hundreds or thousands below its original price."

Mr. Holst said. "In fact, cars that normally sell for five to eight thousand dollars will be sold for three to five thousand," Mr. Holst said. "Our customers will find these prices even lower than at wholesale auctions."

Auction bidding often inflates the true value of a car so you pay more. Here every car is on sale, first come first served and no bidding. It's the perfect opportunity to get a good quality used

car at the lowest price possible, including cars for only One dollar. **All cars will be on display at Stampede Toyota on Barlow Trail, 2 blocks North of the Trans Canada Highway.** At 7:30 am all vehicles will be opened so that buyers may inspect the vehicles for one hour before the sale begins tomorrow at 9:00am when the

One of Calgary's largest Toyota certified used vehicle dealers is overstocked and is forced to sell used cars and trucks for as low as \$1, Saturday August 29, 2015 during a one-day sale event.

prices are posted on the windshield you will be given the first opportunity to purchase the vehicle at the sale price. This innovative approach to selling used vehicles will make it easy and quick for anybody in the market for a good used vehicle to get a great car or truck at a very low price with no hassle.

"Wholesale buyers will be rep-

resented to take trade-ins during the sale," Mr. Holst said. "We also have three business managers who will help buyers arrange low-cost financing. We've got over \$10 Million Dollars in inventory to choose from. Our total inventory will be close to 600 new and used cars and trucks. We want to remind everyone that this is a **one-day sale** only.

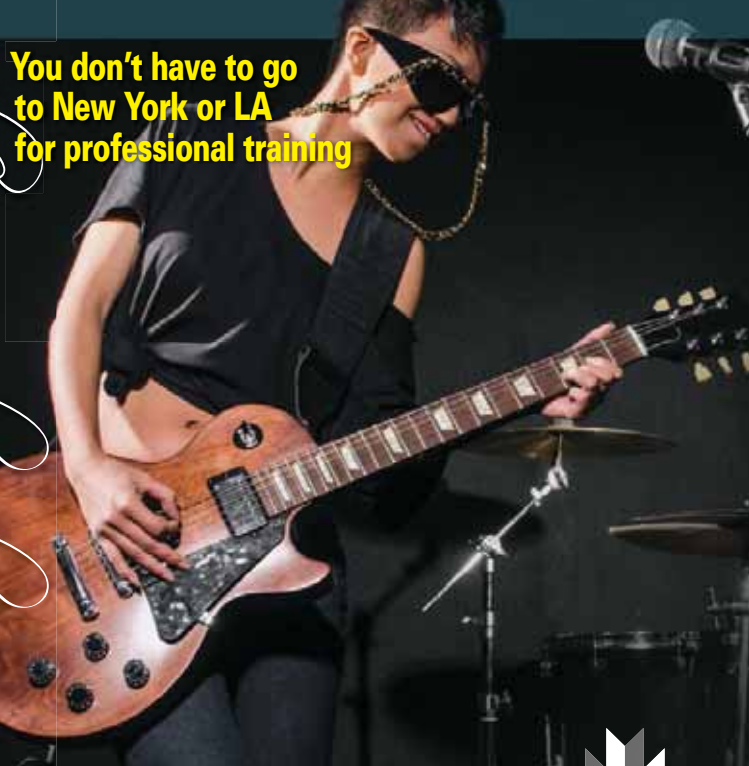
When our inventory has been reduced, we will remove the sale prices and return to normal operations. Since we are a local business we would like to give back to the community," Mr. Holst said. "We would rather allow local people to buy these overstocked vehicles than wholesale them at an auction." All cars will be reduced every hour and there will be 8 cars that will be reduced every hour until they get to \$1. These special \$1 sale cars are in a separate section at the front of the dealership. Due to the volume of sales during this event, please no telephone inquiries.

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ELECTION 2015

Grits vow to spend billions as NDP pledge balanced books

Justin Trudeau is out to build some campaign momentum with a big-ticket, multibillion-dollar infrastructure plan — and Stephen Harper is wasting no time in trying to tear him down.

Trudeau's campaign event Thursday in Oakville, Ont., complete with a crane and supporters wearing red hard hats, was framed as a major plank in the Liberal platform — one aimed at both stimulating a faltering economy and shoring up the country's crumbling roads, bridges and public facilities.

He billed it as a necessary investment in future generations, one that would require a Liberal government to run modest, short-term deficits until 2019 in order to kick-start the economy.

That willingness to leave the budget out of balance has separated Trudeau from Harper and, in a surprising role reversal, NDP



Liberal Leader Justin Trudeau introduced his party's infrastructure plan, a key plank in the platform, in Oakville, Ont., Thursday. PAUL CHIASSON/THE CANADIAN PRESS

Leader Tom Mulcair, who both say they would bring in balanced budgets immediately.

It's all made for a dizzying U-turn on the Canadian political spectrum: the Liberals openly acknowledging a plan to spend billions and run deficits, and the NDP insisting they have found religion when it comes to the

I will be open and transparent and tell the truth about our plans.

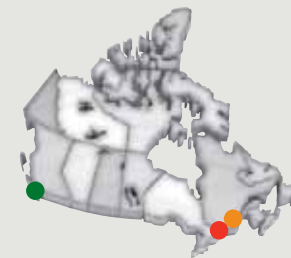
Justin Trudeau

merits of balanced books.

"I will be open and transparent and tell the truth about our plans and I certainly hope Mr. Harper and Mr. Mulcair will begin to be open and transparent about their plans," Trudeau said.

While doubling current federal infrastructure funding, any shortfalls in the federal treasury

WHERE THE LEADERS ARE FRIDAY



• **Justin Trudeau** is to attend an event in Montreal.

• **Tom Mulcair** will also be in Montreal.

• **Elizabeth May** will be in Courtenay, B.C.

Stephen Harper has no public events scheduled.

over the next two years would be capped at \$10 billion per year, he added.

The prospect of a deficit-friendly Liberal government was a sledgehammer Harper needed no invitation to pick up and swing.

"Mr. Trudeau has made tens of billions of dollars of spending promises ... he has no idea what he's talking about when it comes to these things," the Conservative leader said.

"That's why you could be sure that his small deficits will become large deficits and would get Canada into the same pickle of high taxes and program cuts

that we had under the last Liberal government."

The Conservative government's own infrastructure program was three times higher than that of its Liberal predecessor, he added.

Mulcair was campaigning in Toronto with former Saskatchewan finance minister Andrew Thomson.

The New Democrats are touting Thomson's record of balancing his province's budget in 2006 and 2007 after Mulcair said unequivocally this week that an NDP government would balance its first budget.

THE CANADIAN PRESS

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Canadian journalist on trial in Cairo braces for verdict

TERROR CHARGES

Arrested in 2013 while working for Al Jazeera

Mohamed Fahmy hopes this weekend will mark an end to his drawn-out legal nightmare.

A Cairo court is expected — once again — to deliver a verdict Saturday for the Canadian journalist on trial for widely denounced terror charges, and Fahmy is cautiously optimistic. “We feel like this is the finale,” he said. “We have suffered immensely for the past 20 months, financially, emotionally, physically. We just want this nightmare to be over.”

Fahmy and two of his colleagues were working for satellite news broadcaster Al Jazeera English when they were arrested at the end of 2013. They were accused by the Egyptian government of supporting a

rival political organization and undermining national security through their media coverage.

The trio spent more than a year in prison before an appeal of their convictions resulted in a second trial, although one of the three, Australian Peter Greste, was abruptly deported.

Fahmy and his other colleague, Egyptian Baher Mohamed, were granted bail after the start of their retrial, which is set to culminate in a final ruling this weekend.

Fahmy's verdict has already been postponed twice this summer after the judge presiding over his case reportedly took ill. This time, however, Fahmy's lawyers and others close to the case have indicated a ruling is highly likely, he said.

There are a number of possible outcomes, including an acquittal, credit for the 14 months Fahmy already spent in prison, a suspended sentence or even a return to a cell.

If he is sent back behind bars, his high-profile lawyer

Amal Clooney, who will be in court with him, will immediately push for a presidential pardon and for Fahmy to leave the country under a law that allows for the deportation of foreigners convicted of crimes, he said.

“My worst nightmare is going back to that prison cell and having to go through this whole tormenting emotional process again,” he said.

Since his last court date, at the beginning of August, Fahmy has been busy advocating for the release of other imprisoned journalists and appearing on Egyptian talk shows to discuss his own case.

His efforts come at a time when Egypt has passed new laws that make it more likely for other journalists to end up behind bars. The new rules, which the country's president signed off on earlier this month, define terrorism very broadly as “any act that disturbs public order with force.”

THE CANADIAN PRESS



Canadian Al-Jazeera English journalist Mohamed Fahmy surrounded by policemen during his retrial in Cairo, Egypt, in February. Fahmy hopes this weekend will mark an end to his drawn-out legal nightmare.

AMR NABIL/THE CANADIAN PRESS/THE ASSOCIATED PRESS

QUEBEC

Officials investigate as legionnaires' disease claims two lives

The provincial Health Department is investigating an outbreak of legionnaires' disease that has claimed two lives.

There have been 16 other confirmed cases since Aug. 20, all in the town of Berthierville, about 80 kilometres northeast of Montreal.

Legionnaires' disease is contracted by breathing in small droplets of water contaminated with bacteria. The bacteria grow in the stagnant water of cooling systems and spread in droplets through air conditioning.

Authorities believe the source of the outbreak was in the cooling system in the town's arena. The system was shut down as of Aug. 22, but because the incubation period is 10 days, authorities believe new cases may continue until early September.

Most people have little to no risk of catching the disease, which is not contagious.

THE CANADIAN PRESS

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NEW BRUNSWICK

Man busts down on beer laws

A private investigator says at least two-thirds of the people buying beer in a Quebec border town are from New Brunswick and it's an everyday occurrence.

John Beckingham was hired by the defence for a New Brunswick man charged with illegally importing alcohol from Quebec.

Gerard Comeau of Tracadie is fighting the charge on constitutional grounds.

Beckingham says Quebec stores located in Pointe-à-la-Croix, just across the bridge from Campbellton, have dedicated about 90 per cent of their floor space to beer that is sold at about half the price charged in New Brunswick.

Comeau was stopped by police in Campbellton in October 2012 with 14 cases of beer and three bottles of liquor that he had bought in Quebec.

Section 134 of the New Brunswick Liquor Control Act limits anyone from having more than 12 pints of beer not sold by a provincially licensed liquor outlet. THE CANADIAN PRESS

Judge stands by Cyber-safety

NOVA SCOTIA

Defence deem ruling a breach of freedom of expression

An anti-cyberbullying law drafted in response to the Rehtaeh Parsons case was defended Thursday as necessary to fill in significant gaps in the criminal law.

Nova Scotia's Cyber-safety Act is the subject of a Charter challenge by Halifax lawyer David Fraser as part of a case involving client Robert Snell, who was placed under a cyber safety protection order sought by his former business partner Giles Crouch last December. Fraser says the law is too broad and is an "unreasonable and unjustified" infringement of freedom of expression rights.

The Crown wrapped up its arguments Thursday in the Supreme Court of Nova Scotia after Judge Glen MacDougall ruled earlier this week that the protection order should be maintained.

MacDougall reserved his decision on the Charter argument.

Following the Crown's sub-



Rehtaeh Parsons' suicide in 2013 inspired an anti-cyberbullying movement across Canada. However, the case of two feuding businessmen is raising new questions about the breadth of Nova Scotia's legislation. THE CANADIAN PRESS/HANDOUT

mission, Crouch's lawyer Laura Veniot told the court that most clients affected by cyberbullying aren't looking to sue for defamation and simply want the online content removed and the offender to stop.

"In that regard the law of defamation can do nothing for



There are significant gaps in the law where the criminal law just doesn't step up. I think everyone agrees that ... the Cyber-safety Act is important.

Giles Crouch's lawyer, Laura Veniot

them," said Veniot.

And while seeking a mandatory injunction would be an option, Veniot said it would be an expensive foray into an extremely complicated area of the law.

Veniot also noted that Parliament only recently passed a law regarding the sharing of private nude photographs, and that in the past few years women in particular have been dealing with so-called revenge porn, where nude photos are posted by ex-boyfriends.

For the past two years, she said the only province where a victim would have had any recourse is Nova Scotia.

"There are significant gaps in the law where the criminal law just doesn't step up. I think everyone here agrees that there are gaps in the law and that the Cyber-safety Act is important."

Outside court, Fraser said he wants the law sent back to the legislature to rewrite the definition of cyberbullying. That's something that can be done by declaring the law invalid for a period of time, he added.

"The attorney general asked for 12 months and I think that's reasonable," Fraser said.

THE CANADIAN PRESS

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A television photographer films video of a memorial for reporter Alison Parker and cameraman Adam Ward, as well as get-well wishes for wounded Vicki Gardner, Thursday.

STEVE HELBER/THE ASSOCIATED PRESS

News team mourned

ROANOKE, VIRGINIA

Murdered staff remembered in morning broadcast

The colleagues of two journalists shot to death on live television returned to their morning show Thursday with memories, tears and a determination to carry on.

WDBJ-TV's Mornin' show opened with images of reporter Alison Parker and cameraman Adam Ward, with the words "In Memory."

"We come to you with heavy hearts. Two of our own were shot during a live shot yesterday morning," said Kim McBroom, the anchor whose open-mouthed shock was seen around the world Wednesday after Ward's camera recorded the fatal attack by a disgruntled former colleague.

Perhaps the most poignant segment came when McBroom, weatherman Leo Hirsbrunner and an anchor from a sister station who came to help out joined hands for a moment of silence at 6:45 a.m., 24 hours after the shots rang out.

"We are approaching a moment that none of us will ever forget," McBroom said, her voice faltering as the show went silent.

On-camera, the team mostly kept its composure throughout the broadcast. Off-camera, their struggle was more visible. Hirsbrunner dabbed his eyes, tried to wave away tears and bent down at one point, hands on his knees, to gather himself during a commercial.

"It's not easy," McBroom said during another break, after her voice broke while reading a statement from Parker's family.

Members of the team supported each other throughout.

"I don't know how to do the weather on a day like this," Hirsbrunner said.

"Good job, partner," McBroom told him. "We're going to get through this together."

The husband of Vicki Gardner, who was wounded by the gunman as Parker and Ward interviewed her for a tourism story, showed up to tell viewers that she was recovering.

And Parker's boyfriend, WDBJ anchor Chris Hurst, appeared for a short interview.

"Alison, what great things she could have done," Hurst said, telling viewers he needs some time away from his night-time anchor role.

"You won't be seeing me in my normal position for, who really knows how long. But hopefully not too long because Alison would want me back," he said.

THE ASSOCIATED PRESS

WILDLIFE

African penguins starving to extinction

They're cute, knee-high, they bray like donkeys and are a tourist attraction near Cape Town. But African Penguins — the continent's only species of the flightless bird — are at risk of extinction.

As shoals of anchovies and sardines have migrated south into cooler waters, the population of African Penguins that feeds on the fish has plummeted by 90 per cent since 2004 along South Africa's west coast, once

the stronghold of Africa's only penguin species.

This decline, recorded by South Africa's Department of Environmental Affairs, led to four key fishing grounds being declared off limits seven years ago in an experiment to see if the measure could help save the penguins. But scientists are still debating whether fishing has helped push the species to the brink of extinction.

If effective management of the

situation is not carried out, the black-and-white seabirds could soon disappear, experts say.

In the 1930s, South Africa's largest penguin colony had 1 million African Penguins, and there were many other colonies. Now, only 100,000 of the birds remain in all of South Africa and neighbouring Namibia, the only two countries where the species exists. In 2010, the International Union for Conservation of Nature declared the African Penguin

endangered.

Both fisheries scientists and bird specialists agree that the decline of the African Penguin began around 2004 with a southern shift in anchovies and sardines away from the hub of colonies along South Africa's Atlantic coast. Scientists are unsure why the fish have moved, considering as possible causes climate change, overfishing or natural fluctuations.

THE ASSOCIATED PRESS

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DOMINICA

Tropical storm kills four

Tropical Storm Erika pounded the eastern Caribbean island of Dominica on Thursday, unleashing flooding and mudslides that killed at least four people and knocked out power and water supplies.

The storm, which was forecast to reach Florida as a hurricane by Monday, dumped 23 centimetres of rain on Dominica late Wednesday, followed by another 15 centimetres early Thursday, according to the weather service in the nearby island of Antigua.

Police Superintendent Daniel Carbon said three of the deaths occurred during a mudslide in the southeast of the island.

A fourth death occurred in the capital of Roseau. The victim was found near his home following a mudslide, Carbon said.

Even though the eye had passed, heavy wind and rain were still buffeting the island.

About 80 per cent of the island was without electricity, and water supply was cut off, authorities said.

THE ASSOCIATED PRESS

Migrant flow unchecked

HUNGARY

Police report record 3,241 detained in a single day

Hungary deployed police reinforcements to rein in an unrelenting flow of migrants across its porous border Thursday, but refugee activists said the effort appeared futile in a nation whose migrant camps are overloaded and barely delays their journeys into the heart of the European Union.

Police reported a single-day record of 3,241 detentions of migrants on Wednesday, 700 more than the previous day, as they launched a new initiative seeking to channel migrants to one of the country's five camps using special trains. Under police escort, about 600 asylum seekers boarded one train to be delivered directly to at least two migrant camps.

But at several points along Hungary's meandering 174-kilometre border with non-EU member Serbia, undaunted migrants crossed the frontier



A refugee girl crawls under razor wire as she crosses from Serbia to Hungary in the village of Roszke. DARKO BANDIC/THE ASSOCIATED PRESS

on foot. Some said it was safer to walk rather than risk death by being smuggled in a vehicle. That risk was highlighted by Thursday's discovery in neighbouring Austria of the badly decomposing bodies at least 20 — and perhaps up to 50 — migrants dead inside an

“The European Union is incapable of defending Europe's borders.”
Janos Lazar

abandoned Hungarian-plated refrigerated truck.

Many crawled, boot camp-style, under coils of razor wire designed to be Hungary's first line of defence. Some clutched toddlers to their chests. Elsewhere, others encountering Hungary's partially erected

4-metre-tall border fence deployed both brain and brawn to traverse the wire-mesh barrier.

Others flowing from Serbia's main border encampment near Kanjiza maintained an orderly line on a cross-border rail track that cannot be blocked by fencing.

The new police-escorted train policy sought to strengthen Hungary's previous practice of issuing free train tickets to migrants along with instructions to report voluntarily to one of the country's five Immigration Office-run camps. Few took the advice, many instead camping out in the capital, Budapest.

The nationalist government of Prime Minister Viktor Orban blamed EU partners for putting Hungary in the immigration front line and for providing too little logistical support.

“The European Union is incapable of defending Europe's borders. The European Union is so weak,” Janos Lazar, Orban's chief of staff, told reporters.

Lazar said parliamentary approval would be sought to deploy the army along the border.

THE ASSOCIATED PRESS

Syrian forces, allied fighters and rebels in 48-hour ceasefire

A new 48-hour ceasefire went into effect Thursday between Lebanese Hezbollah fighters allied with Syrian government forces and insurgents in a Syrian border town and two Shiite villages.

Hezbollah's Al-Manar TV said the Shiite group's fighters and

Syrian forces had besieged the rebels in the town of Zabadani, near the border with Lebanon, following intense fighting that began in July.

The rebels, who once controlled Zabadani, retaliated by attacking the villages of Foua and Kfarya, in the mostly

rebel-controlled Idlib province to the north.

The Britain-based Syrian Observatory for Human Rights said the ceasefire stipulates that rebel fighters be given safe passage out of Zabadani and the nearby town of Madaya, where hundreds of civilians

have taken refuge.

In return, the insurgents would allow 1,000 residents of the two villages to leave and allow medical and humanitarian aid to all areas.

A previous ceasefire ended in mid-August after a spokesman for Ahrar al-Sham, one of the

rebel groups in Zabadani, said “forced sectarian migration will not be tolerated.”

Activists have shared a statement from the local council of Zabadani declaring it a disaster zone and saying thousands of civilians have been displaced. The statement said government

warplanes have bombed areas where civilians took refuge, a claim confirmed by the Observatory.

Syria's conflict has claimed some 250,000 lives since it began in March 2011, according to UN figures.

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Lidia Guerrero displays photographs recently of her son Victor Saldano, inside her home in Cordoba, Argentina.

NICO AGUILERA/THE ASSOCIATED PRESS

Mom pleads for son on death row

TEXAS

Has asked the Pope to intervene

When Lidia Guerrero met with Pope Francis in Rome last year, the Argentine native told her he knew all about Guerrero's son, who has been on death row in Texas for 19 years.

"I've prayed so much for that young man from Cordoba," she says Francis told her, referring to the hometown of Victor Hugo Saldano.

The short meeting in February 2014 left Guerrero with more hope than she has felt in years about the future of her son, who she says is guilty of murder but has been driven to insanity on death row.

Francis is a staunch critic of the death penalty, and like most countries in Latin America, his homeland of Argentina does not have capital punishment.

Death penalty opponents are hoping that Francis pressures lawmakers to abolish it when he visits the United States next month, and Guerrero is praying that the Pope intervenes on behalf of her son.

Such pleas by popes or politicians from other countries often fall on deaf ears, and face particularly long odds in Texas,

the U.S. state that makes most use of the death penalty.

Still, Pope John Paul II successfully won a reprieve in 1999 from Missouri Gov. Mel Carnahan on behalf of a prisoner scheduled for execution who instead was ordered to serve life in prison without parole.

"I have no certainty that Francis will ask for clemency for my son, but I do have hope," said Guerrero, 67.

Her hope is based on several factors, from the papal meeting to the legal fight surrounding Saldano's original death sentence. In 2002, the U.S. Supreme

Court sent the sentence back to the Texas Court of Criminal Appeals to review because Saldano's Hispanic ethnicity was one of the criteria the jury considered when deciding

between the death penalty and life in prison. In 2004, Saldano had a second sentencing trial that did not factor in ethnicity and was again given the death penalty.

"Two different juries have found that Saldano is a future danger and should die for his crime," wrote John R. Rolater, Jr., the assistant criminal district attorney in Collin County, where Saldano was convicted, in an email response to questions from The Associated Press.

THE ASSOCIATED PRESS

PSYCHOLOGY

Scientists repeat 100 experiments and get different results most of the time

A large group of researchers set out to repeat 100 experiments published by leading psychology journals to see how often they would get the same results.

The answer: Less than half the time.

That doesn't mean all those unconfirmed studies were wrong. But it's a stark reminder that a single study rarely pro-

vides definitive answers and why scientists often greet new findings by saying, "More research is needed."

"Any one study is not going to be the last word," said Brian Nosek, a psychology professor at the University of Virginia.

"Each individual study has some evidence. It contributes some information toward a conclusion. But the real conclusion,

when you can say confidently that something is true or false, is based on an accumulation of evidence over many studies," said Nosek, who led the project.

And yes, he said at a press conference, "even this project itself is not ... a definitive word about reproducibility."

The work was carried out by an international team of more than 300 people and re-

leased Thursday by the journal Science. The project focused on psychology because its organizers came from that field. Researchers worked with the authors of the original studies in setting up the replication attempts.

Only about 40 per cent of those attempts produced the original results.

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U.S. President Barack Obama greets residents in the Tremé neighbourhood in New Orleans Thursday, marking the 10th anniversary since the devastation of Hurricane Katrina. Tremé, which borders the French Quarter just north of downtown, is one of the oldest black neighbourhoods in America. ANDREW HARNIK/THE ASSOCIATED PRESS

SPECIAL FEATURE

New Orleans's recovery forced the Crescent City open to the visions, dreams and agendas of outsiders, and now some fear too much has been given away. Metro's **Rosemary Westwood** reports.

Battle for the new Big Easy

This is the final instalment of a three-part series on New Orleans's ongoing struggles ahead of the 10th anniversary of Hurricane Katrina.

U.S. President Barack Obama had words of praise for the city of New Orleans, as he stood in the city's Lower Ninth ward to mark the 10-year anniversary of Hurricane Katrina.

New Orleanians are an example of good people coming together in the face of tragedy and hardship "to build a better future," he said.

But whether what's being built is a better future depends on who you ask. For some locals, it's not even a matter of what has been built, but of what stands to be lost.

And, maybe, what is lost

already.

While New Orleans mayor Mitch Landrieu calls it "America's comeback city," while tech startups are on the rise, while the tourism industry is posting record receipts, and amid a film-industry boom dubbed "Hollywood South" — some worry the new New Orleans is at risk of losing its old identity.

It's what happens when a city of neighbours sees an influx of newcomers.

"Different kinds of people are here, and they're dropping in at the moment when the city is, I think, trying to be something else," Stephanie McKee tells me. A native New Orleanian, raised near the racetracks of the Seventh Ward, she says the people have made this city what it is: renowned for its

friendliness, its food, its music and rhythm and masked mardi gras parades.

"Change has happened in New Orleans for many years," she says. "However, one thing has always remained in New Orleans, and that has been a very clear sense of Africanist culture."

McKee herself is artistic director of Junebug Productions, the successor to the Free Southern Theatre, a renowned civil rights art group.

"I worry about it being lost in the midst of commercialization, and being lost in the midst of what is inevitably more development to happen here."

Post-Katrina, the city has 100,000 fewer black residents than before the storm. Eco-

"Different kinds of people are here, and they're dropping in at the moment when the city is trying to be something else."

STEPHANIE MCKEE, NEW ORLEANS NATIVE

nomic recovery for black New Orleanians has dragged dramatically behind that of whites in this city (half its black men are unemployed). So as some neighbourhoods become more expensive, they're also getting whiter, including Gordon Russell's Uptown neighbourhood.

"One of the things that has

changed about New Orleans more than anything is there's more people now who aren't from here than there ever used to be," says Russell, investigations editor at the Advocate newspaper and a resident for 16 years. "There's a ton of new blood in town, and that's kind of psychologically interesting

for the city."

Among the people I talked to, there's a perception that, in the past, newcomers had been lured by the culture and absorbed into it, into the city's sense of sleepy mystery, its rich cultural class of writers, musicians, dancers, actors, artists. A city where you know everyone on your block and their dog, where people look out for one another. A city where multiple generations live on the same street they grew up. Where, Russell says, people tended not to leave the city, and not a ton of people tended to move in. A city where everyone asks when they meet you, "Where'd you go to school?"

"That's a very subtle way or not-so-subtle way of saying,



ALL PHOTOS ON THIS PAGE BY ROSEMARY WESTWOOD/METRO

"Are you from here or not?" notes Laura Paul, a Canadian living in New Orleans since 2006. There's a divide between people who've lived here for decades, those who arrived just after the storm, and those that arrived in the last few years, she says.

This may be one of the friendliest cities you'll ever find, but locals demand your respect.

"The reason for that is this is a culture worth protecting and a culture worth preserving," Paul says.

Which is to say, resisting gentrification.

In the Bywater, a neighbourhood just east of the French Quarter, Pamela Davis-Noland has watched her neighbours pushed out by soaring rents and a hot housing market in the last four years, some who'd lived on the same block for generations. It breaks her heart, she says. She points to a house down the street, where new owners remodelled and turned their house into "yuppieville."

"Things changed, so quickly, right before my eyes, on this street alone," she says. "Everything just skyrocketed like crazy."

Walking the streets of the Bywater, it's no surprise the area is in demand. Historic, architecturally charming houses painted a kaleidoscope of colours are guarded by thick swamp foliage and palm trees.

"I'm a lover of New Orleans, but to classify myself a New Orleanian, I think that's for the people born at Charity Hospital. I'm not going to take that title."

PAMELA DAVIS-NOLAND, NEW ORLEANS RESIDENT SINCE 2011

They feature high ceilings and old wooden floors, and sit on quiet streets.

According to a promotional video by the city's tourism agency, Bywater, once dominated by blue-collar workers and artists, is witnessing a "restaurant revolution." But to two local filmmakers, the city is out to lunch.

Jason Foster and David Bear shot a parody video that mocks the Bywater as an "up-and-coming white neighbourhood" that's "packed with plenty of price gouging to keep you broke all day long." Crescent Park, it notes, is a great spot for "watching the New Yorkers native to the neighbourhood."

The video was widely shared, and struck a nerve.

The same thing happened when local residents, noting a surge in Airbnb rentals in Bywater (they counted 140), put up a mock sign advertising the chance to "live like a

local" for \$250 a night. "Who need neighbours when you've got brunch?" it joked.

Davis-Noland has lived here since 2011, running a local bed-and-breakfast. She says tourism isn't bad but she wonders what exactly visitors to the Bywater are seeing? It's less and less the authentic community that she has loved, and she fears what the next four years will bring.

To some New Orleanians, tourists and newcomers carry the same risk, as agents of change that threaten to commodify the city's culture and tip the scales in favour of those who consume it, at the expense of those who create it.

But not everyone holds that worry. Cordell Ford, a native raised in the C.J. Peete projects, has been living in his home just north of the Bywater since 1993. He's seen his block change from a dirt road to a paved one, and neighbours come and go. As for the wor-

ries over newcomers? "Enough is enough," he tells me, taking a pause from trying to fix his pressure washer in his backyard. "This is America."

People are free to move in, he says, and he doesn't care about skin colour or where you were born — he cares if you're a good neighbour, if you keep your garbage bins at the back of the house and your car in the driveway to keep the road clear. And he expects that the people who move in will adopt the local ways.

"People move here because they like the hospitality, it's different than anywhere else you go," he says. "As time goes on they'll become like a New Orleanian — you know, laid back and everybody helping out."

Like a New Orleanian, if not exactly a true one. That is title that most agree belongs to those bred, if not born here.

Davis-Noland is "a resident of New Orleans, I'm a lover of New Orleans, and I'm never leaving New Orleans," she says emphatically. "But to classify myself a New Orleanian, I think that's for the people born at Charity Hospital. I'm not going to take that title, out of respect."

That's the way all the transplants I've met feel, but McKee told me I was self-selecting "great folk."

"I would say that that's rare, I would say that's becoming more rare," McKee told me. She's watched people imitate Baby Dolls, apparently without

regard for the fact that those masked mardi gras groups in silky, feminine costumes have their roots in segregation, and the city's black sex-trade workers.

When people complain about the noise from second lines — smaller brass-band parades that march year-round across the city — that's a problem, she says. And anyone planning on setting up a restaurant here should know that New Orleanians are "extremely funny" about their food.

"We know good food, and we know food that's been made with love," she says. And if you mess up, "they will call you out on it."

For the New Orleanians born here or raised here, and who have not been able to stay, the sense of loss is deep, she says.

"It's not just people who want to get together and make life difficult for other folks, but that is a difficult place for people to be in. And certainly there has to be a happy medium somewhere in between."

Outside Frady's, a Bywater food shop and po-boy purveyor, a couple of locals drink coke and shoot the breeze. "Aren't you going to see Obama?" one jokes, mentioning the president's trip to the city. The others laugh.

"They're playing Katrina on the news 24/7," another says, disgust in his voice, "and I'm sick of it."

+ BACKGROUND

Katrina by the numbers

Aug. 29, 2015: Date Hurricane Katrina made landfall

5: Category Storm

50: waters breached at least this point in the levee system, primarily due to poor design

1,577: People killed in Louisiana

\$151 billion: total cost of devastation in 2014 dollars

254,502: number of people who had not returned to New Orleans one year after Katrina — more than half of the city's population

57 percent: Percentage of black New Orleanians who say their life was affected "a great deal" by the hurricane

40 per cent: Percentage of the city's white population who say the same

33 per cent: Amount rents rose across the city, post-Katrina

37 per cent: Percentage of people in New Orleans who spend 50 per cent of their income on rent

23 per cent: Percentage of people in Vancouver who spend 50 per cent of their income on rent

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New Galaxy smartphones will arrive weeks ahead of Apple's latest hardware updates. MARY ALTAFFER/THE ASSOCIATED PRESS

Samsung remains at the head of the class

TECHNOLOGY

Competition still stiff from other Android devices

Samsung's new smartphones and tablets might not offer enough to entice iPhone and iPad users to switch but they keep Samsung at the head of the class among Android gadget makers.

The new Galaxy devices come weeks before comparable updates from Apple are expected. In a sense, if Samsung

can't beat the competition in sales, it can at least beat it to store shelves.

Samsung has been facing competition not just from Apple but also from Android manufacturers such as Motorola and Xiaomi, which offer good-enough features while keeping prices low. Consumers will have to decide whether the features in the latest Samsung devices will be worth the premium price tags.

The Galaxy S6 Edge Plus and Note 5 phones arrived last week, while the Galaxy Tab S2 tablets come out next Thursday.

Of the two, the Edge Plus

is likely to appeal to more people. The screen's left and right edges are curved like a waterfall and blend into the phone's aluminum casing. You get a better grip and a more immersive viewing experience, even from an angle.

Compared with the original Tab S tablet, the Tab S2 update sheds bulk and weight, akin to what Apple has done with the full-size iPad Air and Air 2.

Samsung is ahead with multitasking features that let you view multiple apps side by side, though similar features are coming to the iPad soon with the iOS 9 software update.

THE ASSOCIATED PRESS

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	DOW JONES: 16,654.77 (+396.26)

SOCIAL MEDIA

Instagram adds new photo, video options



Irene Kuan
Metro | Toronto

Your Instagram pics didn't always have to be square, but the app has updated to support two new photo orientations.

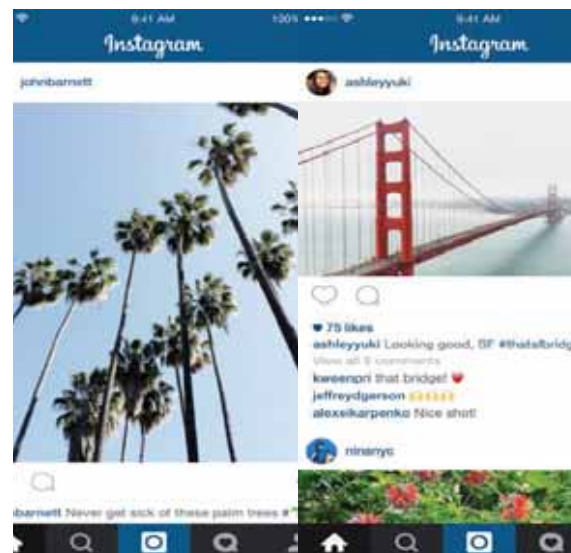
The photo-sharing app, which is owned by social-media giant Facebook, announced it will now support landscape and portrait formats.

In a blog post, Instagram

said it discovered one in five photos or videos users posted to their network was not a square and wanted to make it easier for people to share content in alternative formats.

With the new features, a user can easily tap the format icon to change the orientation, but the square format will remain default. Once shared, the full-size photo will be shared to followers as a centre-cropped square.

In addition to the new photo formats, Instagram will add a filter option to videos.



Here are some examples of what users can expect. INSTAGRAM

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NOTICE OF DECISION FOR Permanent Guardianship Order To: Chris Kalyn

Take notice that on the 24th day of August 2015 at 9:30 a.m., at Calgary Family Court, Courtroom # 1205, 601 – 5th Street SW, Calgary, Alberta, a hearing took place.

A Director, under the Child, Youth and Family Enhancement Act made an application for: **Permanent Guardianship Order**; of your children born on April 4, 2012, December 1, 2009, and November 23, 2008. You do have the right to be represented by a lawyer. You did not attend in person or by a lawyer, and a Permanent Guardianship Order and a No Access Order were made in your absence. You will be bound by any Order the Judge makes. You do have the right to appeal the Order within 30 days from the date the Order is made.

Contact: Jackie Ellice; Leanne Baines; Daniella Eggink
Calgary Region, Child and Family Services
Phone: (403) 297-2978

NOTICE OF DECISION FOR Permanent Guardianship Order To: Nicole White

Take notice that on the 24th day of August 2015 at 9:30 a.m., at Calgary Family Court, Courtroom # 1205, 601 – 5th Street SW, Calgary, Alberta, a hearing took place.

A Director, under the Child, Youth and Family Enhancement Act made an application for: **Permanent Guardianship Order**; of your children born on April 4, 2012, December 1, 2009, and November 23, 2008. You do have the right to be represented by a lawyer. You did not attend in person or by a lawyer, and a Permanent Guardianship Order and a No Access Order were made in your absence. You will be bound by any Order the Judge makes. You do have the right to appeal the Order within 30 days from the date the Order is made.

Contact: Jackie Ellice; Leanne Baines; Daniella Eggink
Calgary Region, Child and Family Services
Phone: (403) 297-2978

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metr **VIEWS**

Making Cancon rules look limp: Kenyan pop stars lobby for radio to play 70 per cent local music, in part to preserve benga, a unique blend of East African sounds with guitar.

THE BIG THING: TRUTH UNDER FIRE

When two journalists were shot on-air in Virginia this week, it was an awful, freakish and mercifully rare event for the U.S. Around the world, however, dozens of journalists are killed just for doing what they do. When they expose stories, they often expose themselves to the wrong kind of attention — a reporter burned to death in India after exposing illegal mining, a radio announcer shot in the Democratic Republic of the Congo for covering a divisive bureaucratic appointment, the Charlie Hebdo massacre in France. And that's not counting the dangers of bringing the news from volatile places. These are recorded targeted killings of journalists thus far in 2015. Some certainly have gone unreported, and still more are in dispute.



SOURCES: REPORTERS WITHOUT BORDERS, INTERNATIONAL PRESS INSTITUTE, COMMITTEE TO PROTECT JOURNALISTS

THE KOHLER REPORT: ON ODDLY TEARFUL GOODBYES



While I respect Celine, I'd respect myself a lot less if I listened to her music. Why, then, my sudden connection to her and her grandfather — I mean husband?

When I was a teenager I was grossed out by many things: sun-dried tomatoes, pointy-toed shoes and the marriage of Celine Dion and René Angélil. I still dislike the tomatoes and the shoes, but why was I crying the other day while reading about the fact that René will soon die from his second bout of throat cancer?

The tears took me off guard, and I found myself embarrassed even though I was alone (which I didn't know was possible). I'd tell you it was PMS, but I don't like perpetuating stereotypes. I think I'll just have to admit I was sad. What's going on with me?

To put this mystery in con-

text, you should know that I am not a Celine Dion fan. While I respect Celine and her talents, I'd respect myself a lot less if I listened to her music. Yes, she has an amazing voice, and that's fine, but it's not my thing. Why, then, my sudden emotional connection to her and her grandfather — I mean husband?

I think everyone was cynical about the manager-turned-fiancee who was 38 when he first met a 12-year-old Celine — they were like the Québécois Woody and Soon Yi, only with less neurosis and more dental work and tourtière.

What's funny about this cynicism is that it seems the

couple had, and still has, none. Have you watched Celine Dion? She's the opposite of cynical. She has so much hope and enthusiasm that if she visited Banksy's Dismaland, it would turn into Disneyland.

Anyone who's the 14th child born into a poor Québécois family had better be positive; you don't get from there to where Celine is now by ruminating on negative thoughts like "What's the point?" and "Should we have a defibrillator at the wedding?"

Celine wanted to be famous, she wanted to marry René and she wanted kids — and all of those things came with challenges she'd overcome with a

quick fist-bump to her heart. Though her music makes me feel like my ears have eaten too much Velveeta, her attitude makes me feel like everything is going to be OK.

In a world where celebrity relationships — the Brad-and-Jens, the Jen-and-Bens, the Gavin-and-Gwens — come with nanny scandals and conscious uncoupling, here's a pair who represent a slightly weird-looking version of true love. Like the nerdy couple in high school who were having more sex than everyone.

Celine recently said René's wish is to "die in her arms." That's what made me cry. René and Celine, after all these odd, unlikely years together, are being torn apart, along with the pieces of my heart!

I'm not wearing a hat — I never have and never would wear a hat — but if I were, I'd tip it to them.

Rebecca Kohler is a stand-up comic, writer, actor, gymnast, lawyer and chemist. (Some of this isn't true.) Follow her on Twitter @becca_kohler.



Do you want to choose when to die? Visit metronews.ca to answer our poll.

metroview

Being morbidly curious about a death is only human



Liz Beddall
Metro | Toronto

A few weeks ago, I joined a discussion about the sudden and still unexplained passing of TV host Chris Hyndman.

The talk was intense in topic but casual in tone. We tossed around the presented facts as if they were fiction. "Didn't you meet him at one point?" asked one of my friends. I had in fact spent an entire day interviewing him a few years prior. Chris bestowed heaps of warmth upon this awkward, poorly dressed young journalist. Guilt drew my voice away from the conversation, but not my mind.

My shame-soaked queries came to life on the Internet. Each article on the death bobbed above a turbulent sea of reader commentary.

Comment: "Anybody heard about the circumstances ... Did he jump or what?"

Response: "Did you ever think that maybe Steven and the family want to keep their personal lives private? The public is not entitled to know everything."

The back-and-forth continued similarly, and produced yet more backlash. A question was asked, the questioner was shot down, the shooter was shot down, and so forth.

In Hyndman's case, as with every loss of a life, a study of death ensues. Worried that lumbering into dark territory will spoil our eventual experience of grief, or someone else's. We might shake our

heads as view-numbers rise on a morbid video, but linger a little too long at the site of an accident. We'll ask ourselves and each other if anything was done too soon, too much, too loud or too little. None of the answers are obvious, but the questions are limitless, and we all have them.

In high school my best group of girlfriends experienced the tragedy of one of our own committing suicide. Looking back now, I feel much less hostile toward the complete strangers who showed up at the funeral, less bitter toward the countless individuals who have asked me, over the years, about how she put an end to her life before asking me about her life, and lastly, less angry at myself. I forgive myself for not thinking of her every day since, and for now using her to fill a paragraph of this column. These were, and are, all decisions made while fumbling around looking for the right way to handle the one thing none of us who are living know anything about.

The departure of August will pull with it the deaths of Chris Hyndman and countless others into the past. And while grief, loss and closure will attach themselves differently to those left behind, uncertainty will reign universal.

So should we be so quick to denounce the morbidly curious? Those who seek out, and secretly long to seek out, the whys and the hows? Because what if the inclination to better understand the end of life renders many of us not less human, but a little bit more?

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A REVOLUTION AIN'T NOTHING BUT A SPRING CLEANING LONG OVERDUE.


ROSINA LIPPI



Searching for soul in the club

HEARTTHROB

Efron wants roles that play to more than just his looks

IN FOCUS

Richard Crouse



Zac Efron became a teen heartthrob with the success of the High School Musical movies and then did everything possible to decimate and alienate the core audience that made him a star.

He rightly realized that the shelf life of a young Disney star was limited and turned his attention to making serious but little seen films like Parkland, At Any Price and The Paperboy, an art house film better known for a scene utilizing an age-old cure for a jellyfish sting you don't normally see administered by an Oscar winner like Nicole Kidman.

His latest movie, We Are Your Friends, the first major-studio film set in the world of electronic dance music, is a mix of music and romance that sees Efron play an aspiring DJ who falls in love with his mentor's girlfriend.

It's a role that should appeal to his original fanbase, the kids who have aged out of High School Musical and now listen to EDM, where his other screen choices seem to have left them behind. Occasionally he's thrown them a bone, with popcorn movies like New Year's Eve,



Zac Efron plays an EDM DJ seeking stardom in We Are Your Friends. HANDOUT

or Neighbors, where he plays the prerequisite 20-something good-looking Hollywood hunk.

Take That Awkward Moment for instance. He played an avowed hook-up artist, a young guy who would rather hang out with his best friends Daniel (Miles Teller) and Mikey (Michael B. Jordan) than have a meaningful relationship with a girl. In time-honoured rom-com fashion, it's a movie that takes advantage of its leading man's blue eyes and sculpted

abs. Efron's hair is practically a character in the film.

Perhaps while making The Lucky One, a Nicolas Sparks romance co-starring Taylor Schilling, it occurred to him that simply watching good-looking people fall in love does not a movie make.

I couldn't help but think that Efron, when he says to Schilling's character Beth, "I know you deserve better than this," was actually speaking to the audience.

story about a reporter returning to his native Florida to investigate a murder.

Paired with risk-taking actors like Nicole Kidman, David Oyelowo, John Cusack and Matthew McConaughey, Efron works hard to shake off the early teen idol gloss that made him famous. He mostly succeeds, although director Lee Daniels's camera still caresses the actor, taking full advantage of his effortless appeal.

In Me and Orson Welles, Efron is overshadowed by an actor playing a man who died many years before the core audience of this movie was even born. Christian McKay plays Orson Welles with such panache that Efron becomes a supporting player in his own movie but still makes a strong impression as a teenager with dreams of being on stage in this handsomely mounted period piece.

Other films like At Any Price, a 2012 powerful tale of fathers and sons and the pressure to succeed, have shown not only his depth but his willingness to stretch as an actor.

So why does Efron, who could have a movie franchise career in a heartbeat, look past the obvious career path?

Efron told the Hollywood Reporter that his often eclectic acting choices are always artistic in nature and never about money.

"I'm constantly searching for characters that are about betterment of self and betterment of others," he says. "And I'm searching for those parts because those are the ones that make me happy. They're the ones that fulfil me personally."

MOVIE RATINGS by Richard Crouse

We Are Your Friends ★★★★★
Learning to Drive ★★★
The End of the Tour ★★★★★
Cop Car ★★★
Backcountry ★★★
Z for Zachariah ★★★

HOW RATING WORKS
 ★★★★★ SEE IT
 ★★★ WORTHWHILE
 ★★ UP TO YOU
 ★ SKIP IT

Luckily his other films are less about his looks and more about his ability. The Paperboy is an odd film. It's an art house

thriller — meaning that there aren't many thrills — in which each of its stars do some fairly intense envelope pushing in a

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More than the Blurred Lines babe

EMILY RATAJKOWSKI

Her acting career grew from an early love of theatre

Matt Prigge
Metro in New York City

Emily Ratajkowski knows who classic French filmmaker Robert Bresson is.

That shouldn't be shocking. Her mother is an academic and her father is an artist. Her big acting break, after her bit in the *Blurred Lines* video, was as Andie, the student sleeping with Ben Affleck's Nick, in *Gone Girl*. She's since played herself in the *Entourage* movie, and she's now in *We Are Your Friends*, as the personal assistant/girlfriend of a big time DJ.

Women's sex appeal is usually filtered through the male gaze. You've spoken about how you want women to

reclaim that sexuality and own it.

Even in *Gone Girl* and *We Are Your Friends*, you watch those characters at moments through the eyes of the male characters. I think there will be parts in the future where it's just about the women and female journeys. That's what I'm constantly struggling to find.

The actor's dream is to be able to carefully curate their careers, create a body of work they're proud of.

For me it's a matter of being happy. It's not about being career savvy. I had a conversation with David (Fincher) after I did *Gone Girl* where I said, "I don't think I'm very good if I don't care about (the material)." He was like, "Well, duh." I was like, "Well, you're David Fincher, so that's easy for you to say." But it's something I'd like to keep in mind.

You became a model so you could become an actor, correct? Yeah, isn't that funny? Not many

people know that. I was one of those kids who tried everything, and theatre was definitely something that stuck. I went to UCLA for visual art and thought about becoming an English professor or a writer. I've always been creatively inclined. My first love, though, was theatre.

What were some roles you were playing as a kid?

I was the *Little Match Girl*, which was my first lead in the sixth grade, which was a big deal for me. But I fell in love with acting by watching theatre. I lived in London when I was five years old while my mom was teaching literature there.

Given your parents' professions, was it inevitable you'd fall into the arts?

I guess so. It drives me insane when people say, "Oh, I've been designing clothes," and someone says, "Great, but your father is Ralph Lauren," and they say, "That just happens to be the situation." Let's be honest: We're very impacted by what we're surrounded by as a child.



Emily Ratajkowski says that in *We Are Your Friends*, in which she plays the personal assistant and girlfriend of a big-time DJ, the viewer is looking at her character through a male gaze.

HANDOUT

WE ARE YOUR FRIENDS

What catfishing and the EDM music scene have in common

Fans of MTV's *Catfish: The TV Show* may notice something familiar in the new film *We Are Your Friends*.

The movie, out Friday, is the feature directorial debut of Max Joseph, best known for co-hosting the *Catfish* series, which unmask people who use fake online identities to deceive someone else, usually when it comes to online romances.

Joseph says he worked on the film and *Catfish* simultaneously and that some of the TV show "definitely worked its way into the movie."

We Are Your Friends, which stars Zac Efron, follows a young man named Cole as he struggles to make his fame and fortune as a DJ in the electronic dance music scene. It also examines the youthful angst of today.

Joseph, 33, says the 20-somethings he worked with while sleuthing for online scammers are basically the same people you see in his movie.

The director says he'd "absorb and observe what they're going through and their hopes and dreams and aspirations and if they feel stuck or if they don't like who they are for whatever reason."

Joseph says a lot that he heard fit in with what his characters



Max Joseph carried over the rough documentary style of MTV's *Catfish* into his directorial debut. ASSOCIATED PRESS FILE

were going through.

"Someone would say something during the day on *Catfish* and I would remember it and I would put it in the script that night when I was writing it and send it back to my co-writer in LA," Joseph said.

The TV show's rough documentary style is also reflected in the film, which the director says "needed to feel gritty and have a lot of movement to it" so Efron didn't look too polished for the part.

"Zac has been in a lot of big, glossy commercial films and also a lot of indie films as well," Joseph said, "but I don't feel like anyone's seen him in shots that are quasi-documentary and I think that that would allow

people to accept him more as a real person, as opposed to Zac Efron, the handsome movie star."

We Are Your Friends even has something of its own catfish among its characters.

The character Sophie (Emily Ratajkowski) "leads Cole to believe that she's got her life together," Joseph says, "but then he realizes at one point that that's not entirely true and that she was putting on a facade."

Joseph says he just recognized that these were compelling qualities.

"Those elements that make *Catfish* so interesting to watch, elements of deception and mystery, make any movie or any piece of content exciting to watch." THE ASSOCIATED PRESS

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MOVIE BRIEFS
JLaw, Schumer unite to write a comedy

Jennifer Lawrence and Amy Schumer aren't just riding jet skis together. They're making a movie.

A representative for Lawrence confirmed this week that Lawrence and Schumer are writing a screenplay.

In an interview with The New York Times, Lawrence says the two are planning to star in the comedy as sisters.

Lawrence seems thrilled by their newfound friendship and says she and Schumer are "creatively made for each other."

The two became friends after the Hunger Games star reached out to the comedian to praise her recent film Trainwreck.

Photos of the two jet skiing went viral online earlier this summer.

THE ASSOCIATED PRESS

Amy Schumer

GETTY IMAGES


Daniel Dae Kim to adapt North Korean refugees memoir

Korean-American actor Daniel Dae Kim of Hawaii Five-O fame will be bringing the true story of a modern-day, underground railroad for North Korean refugees to the big screen.

Based on Mike Kim's (no relation) 2010 memoir Escaping North Korea: Defiance and Hope in the World's Most Repressive Country, the film version will be produced by the actor's CBS-based company 3AD, reports Deadline.

Kim will also star in the film.

In the book, the writer recounts his experiences as a refugee aid worker on the Chinese border. The film will adapt the dramatic retelling of high-risk missions to help

North Korean refugees escape the repressive country.

THE ASSOCIATED PRESS



Daniel Dae Kim
GETTY IMAGES

THE TV DINNER JESSICA ALLEN


If you saw Peter Bogdanovich's life portrayed on the big screen, you might not believe your eyes. He authored books in the '60s on Hollywood's best directors, including Orson Welles, John Ford and Alfred Hitchcock. In the early '70s, Bogdanovich sat in the director's chair himself and made three back-to-back hits, including The Last Picture Show, which received eight Academy Award nominations, and whose 19-year-old star, Cybill Shepherd, he dated for the next seven years.

But three infamous flops followed: TV Guide called 1975's At Long Last Love,

Understanding the elements that make something great doesn't guarantee a great finished product

"one of the worst bombs" of the decade. And 1981's They All Laughed was a colossal wreck: Bogdanovich started an affair with the film's actress Dorothy Stratten, 1980's Playmate of the Year. Stratten's husband, Paul Snider, shot and killed her, then committed suicide.

Bogdanovich, devastated, wrote a book, The Killing of the Unicorn, about Stratten. Eight years later, he married Stratten's younger sister, Louise, who was 29 years his junior.

There were more filmic failures — save, perhaps, for Mask (Cher!) — not to mention two declarations of bankruptcy. But Bogdanovich is back with his first feature film in 14 years. She's Funny That Way is a screwball comedy about a playwright, his wife and the call girl with whom he cheats and then casts in his new play alongside his wife. Bogdanovich co-wrote it with his ex-wife Louise (they divorced in 2001.)



Cybill Shepherd also has a small role.

I saw it Sunday night and wanted to love it — not just because I enjoy Bogdanovich's best films but also because I love a comeback kid — especially a 76-year-old one who's guest-starred in two of my favourite TV shows, The Sopranos and Northern Exposure.

Besides, the cast is incredible, directors Wes Ander-

son and Noah Baumbach, who refer to Bogdanovich as "pop," are both executive producers, and Bogdanovich, who has an encyclopedic knowledge of film history — "From the age of 12 to 30, he saw close to 4,000 movies and critiqued them all on index cards, which he still has," Vanity Fair recently wrote — knows the essence of what makes for a great screwball comedy. In many ways, his

1973 film Paper Moon out-screwballed the movies he was emulating.

But She's Funny That Way's only achievement, of sorts, was having Owen Wilson, Kathryn Hahn, Will Forte and Rhys Ifans in a movie that doesn't elicit one laugh.

Understanding the elements that makes something great doesn't guarantee a great finished product. Take steak houses. All you need is meat, potatoes, dark wood and old-school ambiance. But so few places do it right.

Barberian's, a Toronto steak house in the heart of downtown, has been hitting it out of the park with their food and service for 56 years. It's a place you want to take people you love: Richard Burton proposed to Elizabeth Taylor (the first time) there.

Feeling deflated by the movie and in need of a classic pick-me-up, we went to Barberian's after seeing She's Funny That Way, a comedy that had all the ingredients to be a hit. But unlike our steaks that were cooked perfectly over the hardwood charcoal grill, the film had no sizzle.

Jessica Allen is the digital correspondent on CTV's The Social.

FILM TRIBUTE

As you wish: Princess Bride live read at TIFF

Princess Bride fans, prepare to laugh. This year's live read at the Toronto International Film Festival will be the beloved Rob Reiner fairy tale.

Jason Reitman announced the pick on Twitter, noting that the family favourite won the people's choice award at the festival back in 1987.

Reitman's popular stage event features celebrities and comedians who are invited to read a screenplay aloud in its entirety.

The Montreal-born director recently staged a star-studded edition in Montreal that featured Jennifer Lawrence and Michael Fassbender reading Joel and Ethan Coen's The Big Lebowski.

Expected celebrity guests

at this year's TIFF include The Princess Bride director Reiner and star Cary Elwes.

The Toronto International Film Festival runs Sept. 10 to 20.

"In 1987, Princess Bride won Toronto Film Festival," Reitman tweeted.

"On Sept. 12th, we're going to pay tribute to that perfect script."

Previous live reads at TIFF include American Beauty, which featured Breaking Bad star Bryan Cranston in the lead role originally played by Kevin Spacey, and Boogie Nights, which starred Jesse Eisenberg and Josh Brolin in roles originated by Mark Wahlberg and Burt Reynolds.

THE CANADIAN PRESS



Cary Elwes and Robin Wright in The Princess Bride. CONTRIBUTED

"Does for the woods what JAWS did for the ocean."
-Matt Boieselle, DREAD CENTRAL

"Open Water with bears."
-Jimmy O, JOBLO.com

"When the payoff comes, it arrives with claws bared and teeth gnashing."
-Joe Neumaier, THE NEW YORK DAILY NEWS

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How to ask the loaded questions

INTERVIEW

Jesse Eisenberg on playing the journalist who profiled David Foster Wallace

Matt Prigge
Metro in New York City

Jesse Eisenberg tends to play characters who are shy (Roger Dodger, *Adventureland*) or passive-aggressive (*The Squid and the Whale*, *The Social Network*). In real life he's definitely the former. During some of our interview, the actor curls up on the couch, his head resting on the arm, quietly but assuredly discussing his role in *The End of the Tour*.

That film reverses what we're experiencing. Based on David Lipsky's *Although of Course You End Up Becoming Yourself*, it recreates a few days the author-journalist spent with the late David Foster Wallace after the release of his doorstep of a masterpiece, *Infinite Jest*.

Eisenberg plays Lipsky to Jason Segel's Wallace, playing both confidant and aggressor — a standard relationship during interviews.

This is drawn from Lipsky's transcripts, so you're saying things that were really said. But structurally the scenes capture the feel of real, long conversations, with asides and digressions. How did you achieve that looseness? There was very little planned. We didn't have rehearsal, and I didn't personally think of anything as a climactic moment. Nothing felt explicit in the script. That's good for actors. You don't feel necessarily beholden to a struc-



Jesse Eisenberg plays a journalist whose style is both confidant and aggressor — a standard relationship during interviews. HANDOUT

ture. You treat it as it comes to you.

Having no rehearsal means the dialogue could potentially sound fresh — like you're saying the lines for the first time.

That's how I did it. I really like doing that. With this movie I didn't like saying the lines until we were filming, because my character's not as verbose as the other character.

I didn't feel the need to rehearse my dialogue. It was more emotionally potent to not do anything until the camera was rolling.

You don't have that luxury in movies, really, because you have to rehearse in order to set technical things up. But with this we did have that.

It was just the nature of the shoot being quiet and a director who was pretty comfortable allowing us to be more flexible.

Did you find that you were discovering things about Lipsky as you went along?

Exactly that. When I first met James Ponsoldt (director) I told him I didn't want to play the version of the character who's like the kid brother.

He said, "What else is there?" I said, "Well, he's a sniper. He's going in there with an agenda."

Once we thought of that I was able to find those moments not only in Donald Margulies' wonderful script but in the subtle interplay that happens on set.

One of the main ideas in the film is meeting someone

“

You obviously have an allegiance to some kind of self-protection.

Jesse Eisenberg, on being interviewed

one admires and finding them to be pretty normal.

Normal, or maybe even more specifically not happy with the achievements you think you'd be happy with. I think, if I could just achieve the success he has I would be happy. And I see he's still unfulfilled. Not only is he unfulfilled but he seems almost terrified.

You're playing a journalist.

Had you ever interviewed someone before? Mm-hmm, no.

It's an odd and unnatural form of communication because the interviewer needs to have an angle. And here, your character definitely has one. He's trying to get Wallace to disclose about something very personal.

It creates a lot of dramatic tension, but it's also an understandable and sympathetic position to be in.

My character is also struggling, also has a job to do. And Wallace agreed to the interview. When he becomes resistant, my characters tells him he agreed to the interview, so you haven't earned the right to become suddenly resistant on your own terms. You knew

what the deal is. You can see it from both perspectives.

Certainly as an actor being interviewed for things like this, I can see it from both perspectives as well. You try to be forthcoming, so the person writing the story can reasonably and comfortably write something. But you obviously have an allegiance to some kind of self-protection.

Wallace has a line where he says he wishes he could shape the impression your character has. Do you feel a certain anxiety in how other people will present you?

Yes, of course. It's unnerving. The best thing to do is not try to micromanage something that's unmanageable, which is how you are perceived by strangers.



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Laurence Leboeuf plays Apple in the film *Turbo Kid*. HANDOUT

Turbo Kid a rowdy 1980s throwback

SCI-FI

Canadian film described as a BMX tribute to Mad Max

Steve Gow
For Metro

From BMX bikes to murderous road warriors to the retro-soundtrack layered in synthesizers, *Turbo Kid* is a love letter to the kitschiest elements of 1980s cinema.

Indeed, perhaps the only emblem of '80s sci-fi missing from the cult hit is E.T. the Extra-Terrestrial.

"It's literally the hardest film to describe because there's so much going on, but it is an homage to '80s films," explained star Munro Chambers of the Canadian festival hit that *Variety* called a "BMX-riding Mad Max tribute."

"I always try to describe it as a charming romantic-comedy in a post-apocalyptic world painted with blood."

Directed by Montreal trio Anouk Whissell, Yoann-Karl Whissell and François Simard, the cinematic shrine to quirky pop-culture is set in a "futuristic" 1997 where an orphaned BMX-rider (Chambers of TV's *Degrassi* fame) enlists a buoyant optimist (Laurence Leboeuf) to help him overthrow an evil eye-patched emperor

(played by iconic '80s villain Michael Ironside).

"We came pretty fresh into this," said Leboeuf, who admits much of the imagery of the decade was not part of her upbringing.

"Even today, we have people telling us references that we haven't noticed yet in the movie."

"We knew it was an '80s homage, but the filmmakers let us create our own characters," added Chambers.

"We just wanted to make sure we weren't mocking anybody or anything that came before us (and) to create these unique characters was the way to do that."

The film has impressed en-

thusiasts by crafting a pair of compelling protagonists against bizarre imagery that does not shy away from the extreme — notably including the artistic use of a stationary bike to pull out a victim's entrails. But if the cast gets their way, the movie's greatest triumph will be the redemption of the lost cinematic era it aims to celebrate.

"They were just a lot of fun," said Chambers of '80s cult movies.

"That's what this film is — trying to be fun and to not take itself too seriously but also (have) grounded moments. It's just something you can watch with your buddies and have a good cheer."

CHAMBERS ON MAKING TURBO KID

Three minds are better than one

"They really are a three-headed dragon," said Munro Chambers of the film's three filmmakers.

"They really just have the same mind (and) they all have their own separate specialty. I don't know if it would work on any other film, but on this film it was really nice."

The turbo success of a fun, fantastical film

"During filming we knew we were making something unique and very fun," said Chambers of the award-

winning thriller.

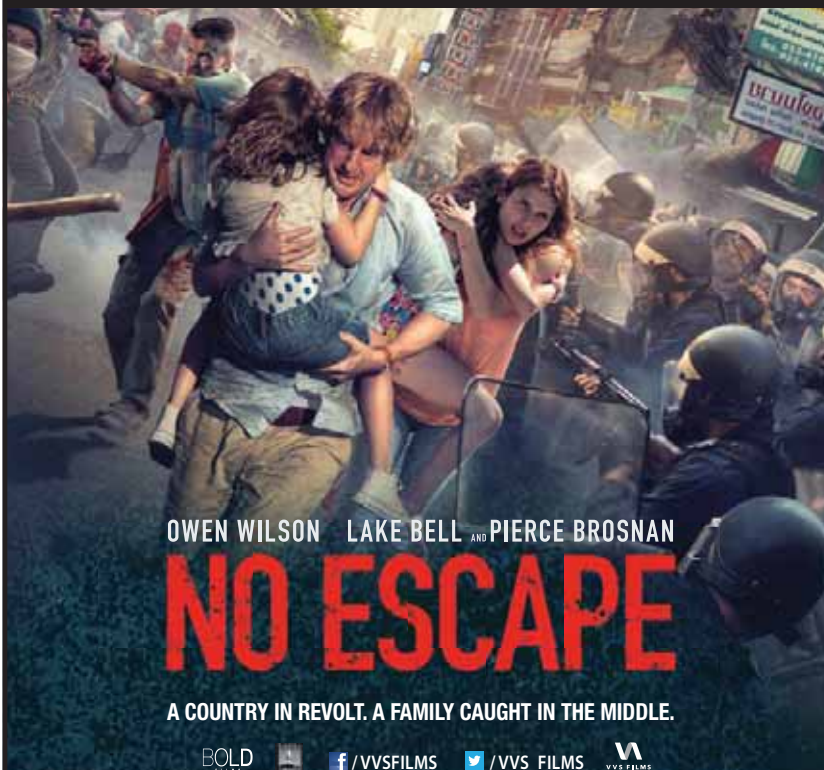
"But I don't think anyone could've guessed what's happening now. It's literally the little film that could."

STEVE GOW



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LOOKING FOR THE RIGHT FILM

David Oyelowo is known for his more serious roles, but that doesn't mean isn't open to more mainstream or lighter fare, as long as it allows him to be true to the work.

Would you ever do a big budget, popcorn-type movie?

I really want to do those kinds of movies. My thing is that I would still want

what I look for as an artist to be present and I don't think they have to be mutually exclusive. You see films like the Bourne Identity films, where there is both flash and substance.

What about comedy. Would you do one?

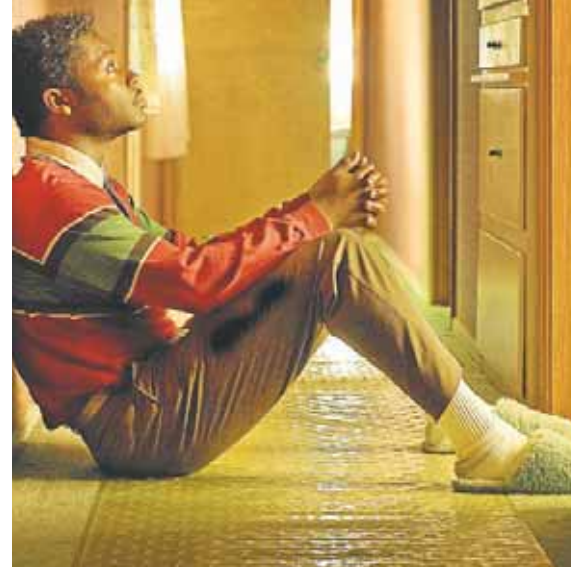
(Laughs.) Yeah, if I say I should be mixing it up I guess that should be the next thing, shouldn't it? It's

funny. I'm a bit of a goofball. I have four kids. Our house is full of laughter and silliness. I would love to do comedy. I think that's a challenge. It really is. Comedy is not easy. So for anyone listening, please, please, please consider me. (Laughs.)

"I gravitate toward stories that are a bit tougher. They don't immediately scream 'box office.'"

— David Oyelowo

The upside to being snubbed



David Oyelowo is nominated for an Emmy for his role in the HBO TV movie *Nightingale*. HANDOUT

DAVID OYELOWO

When the Oscars ignore you, things can only get better

David Oyelowo, who played the Rev. Martin Luther King Jr. in *Selma*, says there's an interesting benefit to not getting an Oscar nomination.

"In many ways I think we probably got more attention for not being nominated," he said in a recent interview. "I've actually found that people were so disgruntled by some of the love that *Selma* didn't get with certain award shows that it makes their love for it even more vehement. When they hug me, they hug me real tight, you know?"

Certain award show snubs aside, Oyelowo is nominated for a Primetime Emmy Award for his performance in the HBO TV movie *Nightingale*, where he plays a man unraveling after committing a heinous act off-screen. Next, he co-stars with Kate Mara in *Captive*, based on the 2005 true-crime story of killer Brian Nichols.

How has your career changed since *Selma*?

My career kind of changed from the moment it was an-

nounced that I may be playing Dr. King. That was in 2010.

... Until then, I was a British actor ... desperately trying to get my foot in the door and when Lee Daniels, who was the director attached at that time, chose me to play him I think there was a lot of head-scratching as to why this British dude who we had not seen much work from (got the part.)

That must be a good feeling.

It's a great feeling because I gravitate toward stories that are a bit tougher. They don't immediately scream "box office."

Does the Emmy nomination make up for not getting nominated for an Oscar?

When it comes to the Emmys, *Nightingale* is a tiny film we made for next to no money. Probably the least amount of money I've ever made on any film that I've done. We did it as independent (film,) we envisioned playing a couple theatres. Probably have a bit of a life on Apple TV. Not HBO with gigantic billboards across the country of my fat head beaming down. Not these nominations. The lesson for me is at the end of the day it's all about the work.

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Healing a driving force in new film

INTERVIEW

Ben Kingsley likes art that feels like kismet

Richard Crouse
For Metro Canada



Ben Kingsley is an Academy Award winner and one of the most recognizable faces in movies. He is an actor, and a very good one but he prefers to be called something else.

"I'm sure I am a storyteller," he says. "I'm sure that is the right place for my DNA to be."

Whether he is playing Darwan in this weekend's *Learning to Drive* or Mohandas Gandhi, Itzhak Stern in *Schindler's List* or *Sexy Beasts'* Don Logan, he strives to tell stories that get under the audience's skin.

"Something happened to me and it stayed with me forever," he says. "I had the privilege of playing Hamlet for the Royal Shakespeare Company and I was walking and it was always



Ben Kingsley plays a taxi driver hired by a recently divorced woman in *Learning to Drive*. HANDOUT

in my head. It is a very all-consuming role.

"I was in Snitterfield, an open field just outside Stratford Upon Avon. A lovely young woman was on the opposite side of the field and seemed to be walking towards me, so I decided to tack

to my right to avoid her feeling that I was intruding on her space. She tacked to her left. In other words, she mirrored me. Then I went the other way and she mirrored me. She was determined to meet me in the middle of this field. Then face-

to-face, she said, 'I saw Hamlet last night. How did you know about me?' Something (I did) must have gone right in there (he points to his heart), straight through the sternum and said, 'I know.' That's the connection."

In his new film Kingsley

makes a connection with co-star Patricia Clarkson. She plays Wendy, a divorcee who hires Darwan to teach her how to drive so she can travel to upstate New York to visit her daughter. As she learns to navigate Manhattan's mean streets,

“

I love that idea in mythology that the gods look down and send somebody to somebody.

Ben Kingsley, on the serendipity in his new film

they form a bond, teaching one another about life and love.

"I think in a really beautifully fashioned play or screenplay you have a feeling that the gods look down and say, 'I'm going to bring you two together.' I love that idea in mythology that the gods look down and send somebody to somebody. It is only through very unfortunate, heartbreaking circumstances that she finds herself in a taxi. Heartbroken. I am driving a heartbroken woman. And I loved in the way, as in all great stories, the little coincidences are the gods guiding and bringing people together for some purpose. Here it is not for a great romance, it is to heal."

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COMEDY Mistress America

Director: Noah Baumbach
Starring: Greta Gerwig, Lola Kirke

Tracy (Kirke) is a lonely college freshman in New York. But when she is taken in by her soon-to-be stepsister, Brooke (Gerwig) — an adventurous gal about town — she is rescued from her disappointment and seduced by Brooke's alluringly mad schemes.

ROTTEN TOMATOES™ SCORE

Critics: Audience:
 84% **+88%**



DRAMA War Room

Director: Alex Kendrick
Starring: Priscilla Shirer, T.C. Stallings

Tony and Elizabeth Jordan have it all — great jobs, a beautiful daughter, a dream house. But appearances can be deceiving; and their marriage is failing. Their lives take an unexpected turn when Elizabeth meets Miss Clara and is challenged to establish a "war room" and a battle plan of prayer for her family.

ROTTEN TOMATOES™ SCORE

Critics: Audience:
NOT YET REVIEWED **+79%**



DRAMA We Are Your Friends

Director: Max Joseph
Starring: Zac Efron, Emily Ratajkowski

Set in the world of electronic music and Hollywood night-life, an aspiring 23-year-old DJ named Cole spends his days scheming with his childhood friends and his nights working on the one track that will set the world on fire.

ROTTEN TOMATOES™ SCORE

Critics: Audience:
 43% **+85%**



SCI-FI Z for Zachariah

Director: Craig Zobel
Starring: Margot Robbie, Chiwetel Ejiofor, Chris Pine

In the wake of a nuclear war, a young woman survives on her own, fearing she may actually be the proverbial last woman on Earth, until she discovers the most astonishing sight of her life: another human being.

ROTTEN TOMATOES™ SCORE

Critics: Audience:
 86% **+94%**



ACTION & ADVENTURE Turbo Kid

Director: Anouk Whissell, François Simard, Yoann-Karl Whissell
Starring: Munro Chambers, Laurence Leboeuf

Set in a post-apocalyptic 1997, this retro-futuristic and nostalgic tribute to '80s action-adventure films follows an orphaned teenager who goes on an adventure to save his female-robot companion from the hands of an evil warlord who controls the water supply.

ROTTEN TOMATOES™ SCORE

Critics: Audience:
 94% **+87%**



ACTION & ADVENTURE American Ultra

Director: Nima Nourizadeh
Starring: Jesse Eisenberg, Kristen Stewart

American Ultra is a fast-paced action comedy about Mike (Eisenberg), a seemingly hapless and unmotivated stoner whose small-town life with his live-in girlfriend, Phoebe (Stewart), is suddenly turned upside down. Unbeknownst to him, Mike is actually a highly trained, lethal sleeper agent.

ROTTEN TOMATOES™ SCORE

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When the NSA force misfit delinquents to solve a tech conspiracy (think Hackers meets The Breakfast Club) they unleash a conspiracy popcorn adventure with enough tech cred to stay interesting and enough polarizing personalities to make it fun. This book is begging to be made into a TV series.



GAMES

Until Dawn

- PS4

Rated: Mature 17+
Moral dilemmas and ethical choices are what drive this frightening slasher game about eight friends spending a night in a log cabin. Your choices alter events and the characters' survival so much that you'll need to play through it several times to understand this complicated, but very compelling mystery.

APP REVIEWS

KRIS ABEL'S DIGITAL PICKS FOR THE WEEK

GAMES

Pac-Man 256

- iPhone/iPad/Android
- Free

Endless mazes, glitch ghosts, and screen-swiping controls add enough twists to make this arcade classic enjoyable again, but be warned, upgrades of lasers and freeze-rays cost real money to use.



RECIPES

Trail Chef

- iPhone/iPad
- \$3.49

This collection of 50 recipes designed for camping and outdoor adventures covers all meals and dietary needs while including a meal planner to help you keep your resources organized.

FITNESS

Runcast

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- Free

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Kravitz, as always

INTERVIEW

Rock star still strutting his stuff

Lisa Weidenfeld
For Metro

Lenny Kravitz is one of those musicians who could be coasting by now.

He's had huge hits, appeared in *The Hunger Games* and performed in the Super Bowl with the famous Left Shark (oh, and Katy Perry and Missy Elliott). But he's just as hard working as ever, with 2014's *Strut* earning high praise from Rolling Stone, and a current tour (that included a date in Sweden and a wardrobe malfunction that took the Internet by storm).

The resulting album has a gritty old-fashioned feel to it, which has led to some moody, black and white music videos that almost look like art films.

"That's what I gravitate towards, really. The music I think calls for that," says Kravitz. He says he likes black and white because "it can be so much more dynamic and realistic."

He found people to collaborate with who were already

doing the type of work he was imagining for the videos, but as the result is always a pleasant surprise.

"You still never know what you're going to get until it's done. Videos have always been that way. You hire the person you want, and everything's perfect until you get it and it's not what you thought. Sometimes it is. But these last videos, I was very happy with."

The album also marks his first release under his own record label, Roxy Records.

"It gave me an opportunity to exercise a lot of the things I've learned. And also to follow my desires: This is how the money's spent, this is what we're going to do, etc."

But just because he's running things now doesn't mean he's changing what he does too much. He played many of the instruments on *Strut*, just as he's always done.

"It's just the way I started. I didn't do it on purpose. I couldn't afford to pay people when I made my first record, so I played all the instruments myself. Then it became sort of my thing, my sound." The album has been enough of a success that Kravitz is still touring in support of it a year later, but he says he doesn't let that kind of thing go to his

head too much.

"Anytime someone says something nice, it's a nice thing. Whether or not I get recognition, I stand by my work. I express myself honestly and authentically, so therefore it's successful."

That honest expression is important when he considers what to write about next. Asked if he's interested in

any particular subject, he answers, "Whatever comes. You know, it's your heart speaking, your soul, your subconscious. It's all of that. So whatever has to come out, comes out."

And wherever that type of thinking takes him, he's happy. "I'm always wanting to do something I'm not doing, because that's just the way I am."

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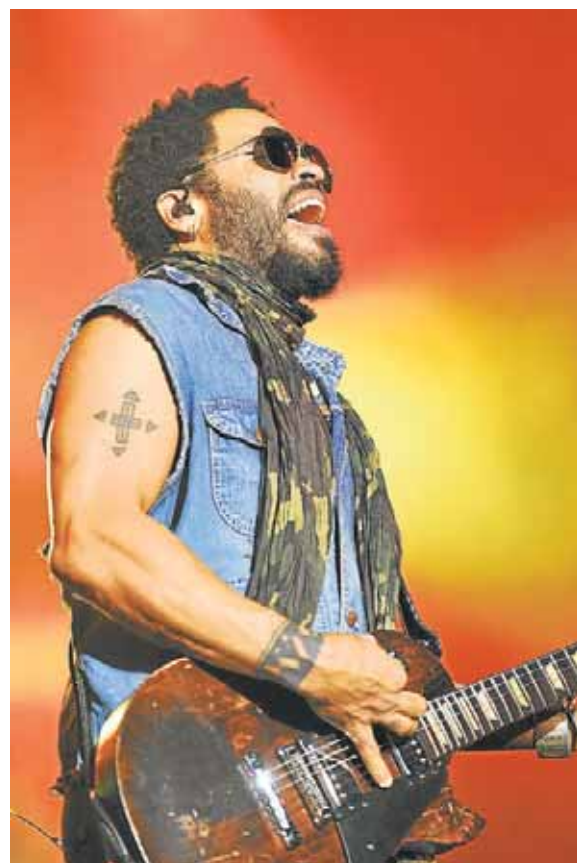
'You definitely don't want to screw up'

Kravitz played for one of the biggest audiences in the world earlier this year when he played the Super Bowl half time show with Katy Perry, which he called "surreal."

"I've done my own concerts in front of a million people. I did a concert years ago in Rio for a million people. (At the Super Bowl)

there are less people in front of you, but you realize it's going out to millions of people across the world. So you definitely don't want to screw up."

He also had high praise for the headliner, saying Perry "hadn't eaten for, like, two weeks. She's very disciplined, working day and night. So it was a good release afterwards."



Lenny Kravitz is still touring in support of his 2014 album *Strut*. GETTY IMAGES

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Just can't feel 2015's song of the summer

POP CHART

No single had enough spin to be the big hit of the season

SOUND CHECK

Alan Cross



I've never been party to this whole nonsense of declaring a "song of summer" until now. That's because there isn't one for 2015.

If we go back through the decades, there has always been a SotS, a multi-week chart-topping track that a) was ubiquitous to the point of annoying; b) was singable by even the most casual music fan; c) was the cause of headache-inducing earworms; and d) — and this is the nebulous part — encapsulated the zeitgeist of that particular northern hemisphere summer.

Need some examples? Satisfaction from the Stones back in '65. The Knack and My Sharona from '79. When Doves Cry from Prince in '84. In 1996, it was all about Macarena by Los Del Rio. Umbrella from Rihanna in 2007. You get the idea.

But 2015 is different. As far as anyone can tell — and I track all the charts and radio sites and music blogs — no song meets the accepted SotS criteria this year. There's no Blurred Lines, no Call Me Maybe, no Fancy, no Somebody I Used to Know. Nothing that anyone can call a true anthem for those months between May and September. Nothing that, when we hear it years from now, we'll say "I remember that year! It's when [fill in the blank]." Nothing that will instantly get aunts and uncles dan-

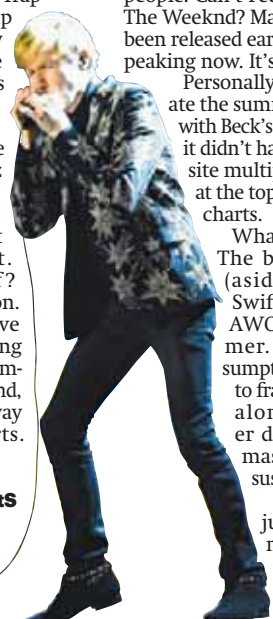
cing awkwardly at a wedding in two years.

Well, what about Trap Queen by Fetty Wap and Cheerleader by OMI? Both made pop culture inroads but not to the extent that previous SotS songs have. See You Again by Wiz Khalifa was huge, but it's too sombre.

What about Taylor Swift. Shake It Off? Peaked too soon. It was a massive hit in the spring but by time summer rolled around, it was on its way down the charts.

Both OMI, left, and Beck had SotS contenders that didn't quite pop off the charts.

GETTY IMAGES



What about her Bad Blood? The video turned off too many people. Can't Feel My Face by The Weeknd? Maybe if it had been released earlier. It's only peaking now. It's too late.

Personally, I'll associate the summer of 2015 with Beck's Dreams, but it didn't have the requisite multiple-week stay at the top of the singles charts.

What happened? The big pop stars (aside from Ms. Swift) have been AWOL this summer. Music consumption continues to fragment. Radio alone no longer dictates those massive consensus-building hits.

Or maybe — just maybe — no one wrote a great summer pop song this year.

MUSIC NOTES

Beauty Behind the Madness

Before his new album, The Weeknd had become an alt-R&B figurehead, mostly on the strength of his sunless mixtapes populated by dour tours of joyless nights at the club.

Though he had proven a gift for crafting alluring atmosphere in his music, he had only once penetrated the Top 60 on the U.S. singles chart and had seldom seemed interested in catering to the broadest tastes.

In less than a year, he's scored four Top 10 hits, including his first No. 1 in Can't Feel My Face. It's a near-unprecedented run for an R&B singer, particularly a press-averse Canadian who sings ennui-haunted odes to cursed drug trips. THE CANADIAN PRESS

The Weeknd
GETTY IMAGES



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Getting ready for The Weeknd

NEW RELEASE

Canuck songwriter helps alt-R&B star's album pop

From start to finish — quite literally — the Weeknd's hulking smash album *Beauty Behind the Madness* features the handiwork of Canadian songwriter Stephan Moccio.

The 42-year-old from St. Catharines, Ont., co-wrote both the album's opener *Real Life* and its closer, *Angel*, plus its double-

platinum centrepiece single *Earned It*.

If the Weeknd's ascent from melancholy wallflower to perhaps the world's most sizzling pop star seems unlikely, well, so is the odd couple partnership between two Canadians.

"We don't know exactly how it works," an energetic Moccio said ahead of the Friday release of *Beauty Behind the Madness*.

"You've got a guy who sings these edgy lyrics and you got a guy who composes classical music and loves pop songwriting, and you put them in the room together, and the result is something really special."

"You wouldn't necessarily think that. I come from the classical world and he comes from the dark hip-hop world."

"But we've become collaborators and friends for life."

Moccio first met Abel Tesfaye, a.k.a. The Weeknd, when the majestically coiffed singer walked into his Los Angeles studio last October.

"We connected very fast — like brothers," Moccio said.

"The marriage is in a lot of ways a really perfect one on a creative level," Moccio said. "We both know it. His team knows it."

"We're already thinking of the next album." THE CANADIAN PRESS



“We’re just a modern-day (Burt) Bacharach and Hal David. We need each other.”

Stephan Moccio, left, who co-wrote three songs on The Weeknd's new album, right.



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MOTHER-DAUGHTER RELATIONSHIPS

Mother and motherhood

Beatrice Martin, a.k.a. Coeur de Pirate, gave birth to a daughter, Romy, in fall 2012.

"My daughter really made me the better version of myself. I am a better person now.... I'm patient and I'm centred and stable. I wasn't like that before. I was meaner. I was shy and I didn't know how to deal with certain things. And now she came along and she totally changed me.

"It really changes your songwriting," she added. "It was very grim before. My songs were very sad. And I couldn't get out of anything. It was the end of the world. And now, there's light at the end of it."

It was that newly skewed perspective that led Martin to writing Drapeau Blanc, which translates to White Flag. Martin wrote the song about her mother, a pianist who encouraged Martin's

playing — at times, perhaps, too strongly.

Martin began playing piano at three years old and gained entry into the prestigious Conservatoire de Musique du Québec à Montreal at age nine. Five years later, she quit the conservatory, and her mother was crestfallen.

"The song basically talks about the relationship that we

"As much as I love (my mom), she was still this severe figure in my life."

have, that is full of contradictions," Martin said.

THE CANADIAN PRESS

Every rose has its thorn

Singer-songwriter Beatrice Martin of Coeur de Pirate says to really understand hurt, you have to find happiness.

DARREN CALABRESE/THE CANADIAN PRESS

QUEBEC MUSIC

Coeur de Pirate sings of heartbreak in latest album

You don't need to be bilingual to listen to Coeur de Pirate's new album, *Roses*, and conclude that Beatrice Martin's pirate heart has been broken.

The wounds aren't particularly recent, however. With her first album in nearly four years, the Montreal-based songstress explores a years-ago breakup (reportedly from Jay Malinowski of Bedouin Soundclash) with the eagle-eyed view of someone now in a much happier place: married and raising a baby girl.

"Everything that came out was mainly emotions about wanting to move forward and wanting to have a positive outlook on life, even though the songs are still pretty sad," Martin said during an interview in Toronto this week.

"I think to understand what being hurt feels like, you need to find true happiness.... And that same goes to actually be happy — you have to go through something really horrible.

"It's kind of what I went through and today because I'm happy, I can write those songs because I understand what went on."

Speaking of understanding, meanwhile, more listeners than ever will be able to parse Martin's emotion-sick ruminations, since for the first time the 25-year-old has divided her album between English and French — with the scales actually teetering in favour of her non-native tongue.

Writing so much in English was both a practical challenge — "I got it proofread," she conceded with a sheepish smile — and a practical decision, given that Martin's robust fan base in Quebec and France hasn't yet translated to a sizable English following.

She's now signed to Cherrytree/Interscope in the U.S., and she isn't shy about her ambition to seize a larger audience. "I want to reach out to everybody," she said.

It helps that the brittle piano balladry upon which she established her career — yielding two platinum records, two Juno Award nominations and four Felix Awards — has blossomed into ornately orchestrated pop.

The songs here are so stormy and cinematic that they seem almost predestined to soundtrack the fall TV season's most softly lit heartbreak montages.

In fact, all that sweep and swell renders *Roses* perhaps Martin's least downcast set — though Martin says motherhood had a hand in that, too.

"It changes everything," she said. THE CANADIAN PRESS

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GENDER FLUID

F is for Flare over Fashion

Putting Victoria's Secret Angel models on its cover feels just a bit off as inside Fashion touts "gender as a non-issue" when it comes to working fall styles.



But Fashion gets some major love for key beauty looks like Max Mara's oversized cat eye glasses and fun 3D eye make-up. Flare meanwhile does "clothing that defies gender definition" with, well, more flair. Plus Flare features a fave porn stars story and a fashion future that includes Tinder-like shopping apps.

6

FAT FALL FASHION MAGAZINES

September issues heavy as newborns signal the arrival of fashion's most fabulous season. We thumbed past all of the ads to bring you the skinny on newsstand style favourites

HENRIETTA WALMARK/METRO



ALL THINGS BEING EQUAL

How Bazaar

"Masculine-feminine revolution." That's the Harper's Bazaar hype. But the mag's knack for breaking down key pieces and its wardrobe edits makes this season's abundance of looks seem totally doable IRL. Must-haves include a fur scarf, chunky heels and a bow blouse. A section on young designers to watch features the lovely juxtaposition of veteran model Lauren Hutton wearing their creations. Elsewhere there's The Art of the Retort, the very wittiest of accessories, and a Sharon Stone interview showcasing the Basic Instinct actress in no clothes at all.



Vogue's B game

Democracy and egalitarianism are driving fall's eclecticism, says editor Anna Wintour. We say just show us the pictures of OTT embellishment, off-season pastels and the '20s-inspired clothes gracing models including Toronto singer The Weeknd for a story about the hip-hop drama Empire. Canada gets another shout-out in a profile of Cindy Crawford at her Ontario cottage-country home where the canoe hangs over the dining room table and the former supermodel chills in a plaid shirt and cutoffs just like the rest of us.



TO THE MAX

Elle's belles

"Fashion is maximalist" is Elle Canada's fall maxim, and its September issue is where you'll discover that kitsch is cool again, more is more when it comes to accessories — just pile on all of granny's old brooches — and how to pair anti-fit pieces with classic tailoring. Plus an interview with cover girl and style icon Diane Kruger. Sister publication Elle celebrates its 30th anniversary more than this season's looks but the theme is the same: expressive, sensual, romantic maximalism that's wearable.



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WHIMSY

Catwalk dancing

Cara's sense of fun has always made her stand out in the fashion crowd. Who else would you expect to see dancing down the catwalk alongside Joan Smalls for Stella McCartney's Autumn/Winter 2014 show?



ALL PHOTOS AFP/GETTY

MET GALA

Jumpsuits

Delevingne's refreshing sense of style means she isn't afraid to rock a daring jumpsuit on the red carpet, often teaming it with a bold beauty choice such as elaborate body tattoos, which she wore to the 2015 MET Gala.



More than meets the eyebrows

Is fashion's favourite wild child calling it quits? Cara Delevingne opened up in *Time* about the industry's flaws and focusing on her acting career, but she's stopped short of announcing a definitive retirement from the catwalk. We're holding out hope, because — apart from her eyebrows — look at what fashion would lose if she left. **AFP**

CAMPAIGNS

Kate Moss colabs

From Burberry to Mango, the Mossy x Delevingne duo is one of our favourite fashion pairings in recent years. The two U.K. icons are both known for their quirky style, their strong personalities and their ability to break the mould. Plus, they both look amazing in trench coats.



TOP SHOP

High Street glamour

She has walked the runway for some of the biggest fashion houses and was a muse of Karl Lagerfeld, but what we love most about Cara is her ability to bring her unique streak of cool to high street collections. Our favourite recent example is the Topshop Spring/ Summer 2015 campaign, where she was spotted looking fierce in a white jumpsuit and silver heels.



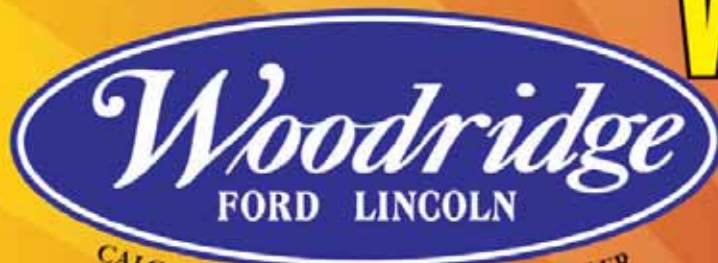
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Road therapy

SOLO TRIP

Finding inner peace driving 3,600 km across the Maritimes

Jennifer Foden
For Metro

Needing an escape from home in Toronto, I wound up in Newfoundland in mid-

April on a whim to road-trip solo to New Brunswick. I had no plan or real route in mind, relying on people I met along the way to best advise.

I didn't realize that driving more than 3,600 kilometres by myself would not only afford me the time to reflect on my life, but also provide me with the opportunity to meet dozens of strangers, who amazed me with their East Coast kindness daily. Both this time and care were almost like therapy, bringing me back home more at peace than when I left.



1 Microbrews and hiking in Newfoundland

I started my journey in St. John's, couchsurfing with a laid-back farmer I found through couchsurfing.com. He not only opened his home, but offered me up home-cooked meals, local brews and literally the coat off his back. He and his artsy pals suggested I check out local microbrewery Quidi Vidi (located in a charming fishing village just outside the city) and hike the Earth's mantle at the Tablelands in Gros Morne National Park (650 kilometres west of St. John's). I did both.

TRAVEL ON THE CHEAP

I spent roughly \$1,750 for 15 days. This included the car rental/insurance (which alone was \$1,000), gas, food, beer, entertainment, etc. It helped that I never paid for accommodation thanks to couchsurfing.

4 Going with the tides in New Brunswick

I wandered the ocean floor at Hopewell Rocks, and while it may be the iconic thing to do in New Brunswick, it's totally worth the visit. I then headed to Saint John, 150 kilometres southwest of Moncton, where I made new friends. They welcomed me into their home with open arms, where we shared beers and stories and they recommended Saint John City Market, which is filled with local food and art.



3 Finding the beef in P.E.I.

I arrived in Prince Edward Island during Burger Love, a month-long celebration of Island beef that has restaurants across the province creating one-of-a-kind burgers. While you may not be passing through during this annual event, it needs to be said that P.E.I. (known for Anne of Green Gables and coastal drives) also has some amazing eateries. My couchsurfing host was keen to share a table with me: four burgers in two days. Favourites included Gahan House and the Prince Edward.



2 Good eats and good company in Nova Scotia

I took the ferry to Nova Scotia before messaging a friend of a friend who lived in Halifax. I had reached out to him to meet up for a drink that night — he called and insisted I crash in his spare room for as long as I wanted. We drove to Hubbards, along the north shore of St. Margarets Bay, where we sat on the beach and ate the best clam chowder of my life from Trellis Café. We also drove through Lunenburg, a port town full of vibrant architecture.



MAP: ISTOCK; PHOTOS BY JENNIFER FODEN/FOR METRO

READY TO ROLL

Checklist for thriving and surviving on a family road trip

Michael Palmer and his family didn't have to look further than their van to help them unplug from their busy schedules.

In 2013, he set off with his wife, Catharine Maxwell-Palmer, and their kids Andrew, Ryan and Jenna — now ages 11, nine and eight — on a cross-Canada adventure that took them from Calgary to the northern tip of Newfoundland and Labrador.

The author and entrepreneur documented their journey in his upcoming humorous travel book *No Tranquilizers!* 17,000 kms, 63 Days, 3 Kids, 1 Van.

Palmer has partnered with Canadian Tire to share road trip tips for families embarking on their own adventures. Here are four ways to get ready for the ride:

1. Don't overplan

Palmer said the family had a lot of fun and saw many beautiful places, but admitted they "probably packed in too many destinations."

"Looking back, we were almost jumping around a bit too much at times. We really didn't have a chance to sit there and

smell the roses."

He said it's important to involve everyone in the decision-making to help foster a greater connection and excitement.

2. Don't overpack

Palmer said they only wore about half of what they brought.

"It's good to have some things in place. Some extra clothing, some rain jackets ... because you're going to go through a

lot of the elements, fog and rain and what have you. But you've got to be reasonable about it."

3. Keep kids occupied — but limit screen time

"When you're in a vehicle for five or six hours a day, things can get a bit snaky in the back seat with the kids. They can be bored, they can be tired, they can be hungry," said Palmer.

He said they like to pack an "entertainment bag" for each child, which they can tailor with

their favourite car games, puzzles or books. They also enjoyed outside viewing activities like the alphabet game, in which participants try to locate items starting with the letter "A" and so on.

"We're trying to engage them with the outside world so they aren't just plugged into screens all the time," said Palmer, noting that screen time was limited to 45 minutes daily.

4. Prepare for the unexpected

As they travelled through Cape Breton, N.S., Palmer said his daughter had the flu and wound

up vomiting in the back seat.

He recommended having sanitizing wipes at the ready, as well as an emergency roadside kit.

Palmer said they'd drive five to six hours a day, stopping for breaks every 2 1/2 hours. As the trip wore on, even the break habit evolved — especially when nature called.

"In the beginning, we tried to stick to clean bathrooms and gas stations.... Then near the end ... we'd just pull over to the side of the road and the kids would use the washroom with cars whizzing by." THE CANADIAN PRESS

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Drinking up Milwaukee's culture

WISCONSIN

No need to collect pint glasses to enjoy this midwestern metropolis

Mike Dojc
For Metro

Miller, Pabst, Schlitz, Blatz and Shottz — the fictional brewery Laverne & Shirley worked at as bottlecappers — put Milwaukee on the map. Suds heritage certainly still informs the city's culture but these days there's much more to Wisconsin's most populous metro than beer, brats, and those rib-tickling racing sausages that ring in the seventh-inning stretch at Brewers home games.

With an action-packed riverfront, an expanding art museum with a building as impressive as the art, plus an exploding dining scene carving out a unique culinary identity you can easily spend a weekend milling around Milwaukee without feeling compelled to cosy up to a tap and



Clockwise from left: The Riverwalk pedestrian walkway along the Milwaukee River; the Milwaukee Art Museum at night; and the Harley-Davidson Museum. RIVERWALK, ART MUSEUM: COURTESY VISIT MILWAUKEE; HARLEY-DAVIDSON MUSEUM: MIKE DOJC/FOR METRO

declare it Miller Time.

Urban paddling

The Milwaukee river rolls right through downtown, and offers a great vantage for drinking in the city's varied architectural makeup — a kaleidoscope of art deco, cream-bricked, and modern glass structures.

From a perch upon a sea kayak you can scope out the revitalized urban core, and behold the

skyline as it reflects in the ripples of the water. Glide by the patios along the Riverwalk and the galleries and theaters that dot the historic Third Ward.

Two-wheeled action

William S. Harley and the three Davidson brothers are responsible for making the streets of Milwaukee rumble. Whether you ride or the closest you get to a motorcycle is watching Sons

of Anarchy, there's really something for everybody amidst the myriad of chromed displays paying homage to the iconic American brand at the Harley-Davidson Museum (400 W. Canal St.).

If self-propelled wheeling is more your speed, Milwaukee is decked out with 100 miles of bike lanes that meander through parks and hug the shores of the Lake Michigan. Bublr bike rental stations abound downtown (\$3

per 30 minutes).

Museum appreciation

The Milwaukee Art Museum is a cable-strewn schooner of museum. It's glass "prow" and steel-finned brise soleil that fans out the width of a Boeing 747 cuts an impressive jib. Thanks to a massive \$31-million renovation well underway that'll add new gallery space and dial up the drabber older sections of

the city's landmark on the lake, it's full steam ahead.

If you have a taste for the modern, Van Gogh to Pollack: Modern Rebels, on display through Sept. 20, explores a century of art movements from post-impressionism to abstract expressionism.

Choice chow

While cravings for Milwaukee's old-world cuisine of wiener schnitzel, spaetzle, and strudel dishes can still be satisfied at Karl Ratzsch's or Mader's, the dining scene has matured beyond beefy German comfort food. This is now a city that regularly trots out James Beard finalists.

The Walker's Point neighbourhood is filled with inventive chefs plying their culinary chops. At Braise (1101 S. 2nd St.), chef David Swanson, a three-time nominee for James Beard's Best Chef in the Midwest title, is an ardent believer in peak-season produce, so the menu is ever changing but always tantalizing. Recent dishes included kale risotto cakes and a Filipino humba.

Some travel and accommodation costs were courtesy of the Wisconsin Department of Tourism.

EDUCATIONAL FUN

Get the kids back in the learning head space with these museums



ON THE MOVE
Loren Christie

As the classroom beckons, a visit to one of Canada's kid-friendly museums is the perfect way to end off summer and kick-start your child's brain before they head back to school.

Travel the world

The Canadian Children's Museum is housed within the Canadian Museum of History (formerly known as the Canadian Museum of Civilization) in Gatineau, just across the Ottawa River from Ottawa.

Within the museum's walls kids can travel the world: play with shadow puppets from Thailand, try on a kimono from Japan, relax in a Bedouin camp, shop a market in France or drive a brightly coloured Pakistani bus.

Fill up the passport given upon arrival with stamps as a souvenir of your visit.

Know your rights

The Magna Carta exhibit at Winnipeg's Canadian Museum for Human Rights is currently showcasing the world's most famous



Canadian Museum for Human Rights in Winnipeg. ISTOCK

human rights charter, alongside some of Canada's most important foundational documents. Interactive technology makes these documents accessible and interesting to all ages.

For some hands-on fun, check out the family activity area, which includes a photo area where the kids can get decked out in medieval costumes, play a game of chess on a giant board, try their hand at calligraphy or relax in the reading lounge.

Official family days at the museum are Tuesday, Thursday and Sunday.

Playtime

The Montréal Science Centre offers some widely accessible and interactive exhibitions, which are perfect for kids. Game On

chronicles the history of video games, which includes multiple playable stations, and Fabrik is a challenging workshop where kids take on creative challenges involving invention and assembly-work. The museum's theatre is currently presenting Pandas 3D and Cousteau's Secret Ocean 3D.

The museum is located in the quays of Old Montreal right next to the Montreal Zipline should your kids need some additional entertainment.

Go back in time

The Royal British Columbia Museum in Victoria makes learning easy by presenting the natural and social history of the province in highly realistic and immersive settings. From a woolly mammoth in his rocky, icy world to a trip on the tar-scented HMS Discovery, kids will be easily charmed by this first-class museum.

A stroll through Old Town's wood-cobbled street complete with shops, cinema and a railway station is like being in a giant dollhouse. There are educators throughout the family-friendly facility ready to answer any questions your eager learners might have.



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Feel your best with a full head of hair

Hair loss can affect men and women and it can have devastating effects — but there are treatments that can help alleviate or rectify hair loss.

There are beneficial treatments for both men and women, according to Hair Restoration Services (HRS) owner Arlene Forster, who says hair replacement is a non-surgical and natural-looking way to have a full head of hair within hours.

“We specialize in hair restoration services and even though 80 per cent of our clients are men, we have women who suffer from hair loss, too,” she says, adding one in four women suffer from some form of hair loss.

“We help people look and feel their best so that they can restore, repair and rejuvenate themselves.”



CONTRIBUTED

Forster offers a wide variety face, body, and hair restoration services including laser light therapy for hair restoration, women’s Wonderfil, and Hot Heads hair extensions, as well as hair enhancements and skin tightening, fractional skin treatment, non-invasive body contouring, and cool laser hair removal are also offered. Forster is also excited to share the latest technology for fat reduction.

“Our Body Sculpting services — known as body FX — is the only technology that tightens the skin and reduces the fat at the same time helping people look and feel their best,” she adds.

HRS of Calgary Inc. is an 11-time recipient of the Consumer Choice Award from 2005 until 2015.

50 years for Gimbel Eye Centre

It takes world-class quality service to succeed in any business and Gimbel Eye Centre is leading the pack in their industry as they celebrate a special milestone: 50 years of dependable service.

The key to success for Gimbel Eye Centre is superior client services as they celebrate five decades of providing quality eye service to clients in Calgary and Edmonton, says manager Gregg Becker.

“Our world-class customer service and innovation propel us as leaders in the provision of safe, high-quality and cost-effective eye surgery, and our teams combine for over 500 years of experience,” he says.

“Our surgeons began practising in the areas of cataract and refractive laser surgery when the field was relatively new, and are well-known world-wide as innovators in surgical practice. In fact, procedures they pioneered are now common across the industry.”

With surgeons operating most days in both the Calgary and Edmonton centres, patients can usually get in for Lasik and other refractive procedures in a timely fashion.

“Gimbel uses only the most current, all-laser technologies providing the safest results and great vision at prices that are



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always competitive. We’re committed to a thorough assessment process, taking the time and assessments needed to ensure they provide the best options for our patients.”

There are a varied range of treatments available with clients having more than one potential treatment option so they can choose what best suits their needs.

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What's your favourite snack before bed?

Just before the lights go out in homes all over the land, quite often the fridge light goes on as people large and small open the door and peer into the cold shelves looking for that perfect bedtime snack.

In some houses, the march to the fridge at bedtime is a regular occurrence — a nightly routine as ingrained as washing your face and brushing your teeth before heading to bed. But in other homes, a bedtime snack is an occasional treat.

In Anna Greco-Taylor's house, having a bedtime snack is a pretty regular activity. No matter how much dinner they consumed a few hours earlier, her two boys, ages 10 and 12, can't hit the hay without eating a little something first.

"They love having a snack before bed," their mom says.

It doesn't have to be a big snack. In fact, the boys prefer a minimum of fuss and very few ingredients as they chow down before bedding down.

"If they choose peanut butter before bed, they

will simply take a small spoon and dig out a giant scoop of peanut butter," Greco-Taylor says. "They just eat it alone, with no cracker, no bread, no nothing."

Peanut butter, of course, tends to make us thirsty. Greco-Taylor's sons like to wash down their PB with milk, "especially when the milk is really, really cold," she says.

"Their favourites are a big glass of milk.

Or cereal with milk is also a big favourite, but the milk has to be cold."

While her boys insist on ice-cold milk, other children prefer their milk warmed, either stirred in a pan on the stove or zapped in the microwave. Every grandmother will tell you that warm milk will help you sleep. And dieticians will back that up as a good choice for a bedtime snack, although they

will suggest you warm up a glass of low-fat milk to enjoy in your pyjamas and slippers.

But make sure to stay away from other hot drinks like coffee or caffeinated tea before bed. You want to limit the amount of caffeine, a stimulant that will disturb sleep, as well as sugar, which can also disrupt your slumber, before you go to bed.

However, everyone knows that rules are made to be broken — at least a little bit every now and then. Just ask Greco-Taylor. Occasionally, she will let her dairy-loving sons indulge in an extra-special bedtime snack — vanilla ice cream.

"I am just not sure how healthy it is," she says.

But she doesn't mind as much when her sons slice up a banana or throw on some blueberries to make a before-bed sundae.

After all, it's not really a big surprise that the growing boys who love a glass of ice-cold milk before they go to bed would take it a step further and crave a little ice cream now and then.



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CO-OP

Keep your nighttime nibbles small and healthy

Lots of people hit the fridge before they hit the hay.

Whether it's a bite or two of the leftover casserole or roast beef you had at dinner, a few slices of apple or a couple of crackers slathered in cream cheese, a bedtime snack can be a perfectly healthy way to end your day.

But it's important to choose your nighttime nibble carefully. For one thing, make sure it's a snack and not a four-course meal.

"Eating too much food before bed may satisfy your hunger, but it can also cause stomach discomfort and rob you of sleep," says Dr. Andrew Weil, an author of 10 books about healthy living. "Your digestive system slows down during sleep so your body may not be able to efficiently handle a hefty snack."

So keep it small.

"You could munch on some nuts, or have some whole-grain crackers with peanut butter or cheese for your snack," Weil says. "Because protein can be more difficult to

digest, if you opt for a slice of chicken or turkey, keep your portion small."

And stay away from the cookies. You don't want to be eating a bunch of sugar before bed as the subsequent sugar rush won't help you sleep. Neither will caffeine. So don't wash your snack down with tea, coffee or any other caffeinated beverage.

Instead, you might want to consider a glass of milk. But which kind? There are plenty of options in the grocery store. Cow's milk is fortified with vitamins and minerals and has a lot of protein, but it's not good for people who are unable to digest lactose, the sugar that occurs naturally in milk.

Almond milk — made of ground-up almonds and water — is low on protein and fat, and most brands are fortified with vitamins and minerals. But the flavoured types can be high on sugar as can the

"unflavoured" almond milk. So read the labels carefully.

Soy milk — made from soybeans — has plenty of protein plus an omega-3 fatty acid, but flavoured soy milk contains a fair amount of sugar. Some brands are fortified with vitamins and minerals.

All those vitamins and minerals are important for your brain, which needs healthy fats, grains and plenty of fruits of vegetables to get you through

the day and the night.

So for sweet dreams, make sure to choose a small and healthy bedtime snack.





IN BRIEF

Wilson: I didn't have a head injury in NFC title game

Seattle Seahawks quarterback Russell Wilson said Thursday he did not suffer a concussion in the NFC championship game against Green Bay, a day after comments in an article in Rolling Stone indicated Wilson may have suffered a head injury.

Wilson says that his comments were misunderstood and he did not have a head injury. Wilson took a big hit in the first half of the championship game from Green Bay's Clay Matthews following an interception. Wilson remained in the game and led Seattle's late comeback for a 28-22 overtime win over the Packers.

THE ASSOCIATED PRESS

RCMP charge Richards with possession of controlled substance

Police in Manitoba have charged former Los Angeles Kings star Mike Richards with possession of a controlled substance, identified in media reports as oxycodone.

The RCMP say he is due to appear in provincial court in Emerson, Man., on Sept. 10. Police say a 30-year-old man was arrested and released on June 17 after the Emerson RCMP detachment was notified that a controlled substance had been intercepted by Canada Border Services Agency officers at the Emerson port of entry. THE CANADIAN PRESS

Blue Jays' bats kept at bay

MLB

Gallardo leads Rangers to win, avoiding sweep

Yovani Gallardo earned his 100th career victory, Delino DeShields kept running all the way home and the Texas Rangers ended Toronto's five-game winning streak.

After losing the first two games of the series, and their hold on the American League's second wild card, the Rangers avoided a sweep with the 4-1 victory Thursday.

DeShields had a part in every run even without an RBI, including his single that rolled under the glove of charging right-fielder Jose Bautista with two runners on in the seventh.

The ball wound up near the warning track and DeShields circled the bases on the error for a 4-0 lead.

"That's an exciting play. I was just happy to find a hole and give us a chance to get up, get some cushion," DeShields said. "It was fun running around the bases."

Gallardo (11-9) threw 5-1/3 scoreless innings, giving up three hits while striking out two and walking three on 101 pitches.

Gallardo became the fourth native of Mexico to win 100 games, joining Fernando Valenzuela (173), Esteban Loaiza (126) and Ismael Valdez (104).

"It just shows a lot of hard work, throughout the years, and it's definitely exciting," said Gallardo, the right-hander who improved to 100-73 in 241 career



Delino DeShields of the Rangers slides home safely past the tag of Blue Jays catcher Dioner Navarro on Thursday in Arlington, Texas. SARAH CRABILL/GETTY IMAGES

games with Milwaukee (2007-14) and Texas.

Shawn Tolleson worked the ninth for his 26th save in 28 chances. He had converted 12 straight before Tuesday night's series opener, when he gave up two runs in the ninth inning of a 6-5 loss. Edwin Encarnacion stretched his hitting streak to 22 games, the longest in the majors this season, with an RBI double in the Toronto eighth.

THURSDAY In Texas

4	1
RANGERS	BLUE JAYS

He hit a scorching liner that got past DeShields in right-centre as Bautista scored from first.

In the Texas seventh, slow-running catcher Bobby Wilson

was going to be held up at third until the ball got past Bautista. Rather than bases loaded, Wilson and Hanser Alberto scored with the speedy DeShields following close behind.

"I just attacked the ball too hard," Bautista said. "I knew who was running at second. I knew they were going to stop him but I was too aggressive attacking the ball."

THE ASSOCIATED PRESS

+ NEXT UP

After an eight-game road trip, Toronto opens a nine-game homestand Friday night against Detroit. R.A. Dickey (8-10, 4.26) will take the mound against former teammate Matt Boyd (1-4, 7.04), who was part of the David Price trade.

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Usain Bolt's legs survived Justin Gatlin in the 200-metre final, then a collision with this photographer, right, on his victory lap. ANDY WONG/THE ASSOCIATED PRESS

Can't knock brilliant Bolt

200M SPRINT

Jamaican beats Gatlin in Round 2 before Segway bowls him over

Only when the running stopped and the picture-taking began did Usain Bolt finally meet his match.

Bolt blew past Justin Gatlin and everyone else Thursday night

in the 200 metres to win his 10th career gold medal at the world championships.

What finally upended the six-foot-five Jamaican was a multi-tasking cameraman riding a Segway while videotaping Bolt's victory lap. The scooter ran over the outcropping of a metal railing bolted to the edge of the track and bobbled off course — then slammed into the back of the fastest two legs on the planet.

Bolt's legs came out from

under him and he went down hard and landed on his backside. Then, smooth as silk, he somersaulted backward onto his feet, jogged a few steps, and reached down to make sure his left leg was OK.

The split-second scare with the Segway provided what Bolt's season-best 19.55 seconds on the track did not. Namely, drama.

This was billed as the second round of the Bolt vs. Gatlin series that produced the champion's

grittiest win four nights earlier. Bolt's .01-second victory in the 100 came despite a year's worth of injuries and off-form running that continued all the way through the semifinals.

Like most sequels, Part II didn't live up to the original. Bolt coasted in and still won by .19 seconds. The winner flashed his index finger as he crossed the line. He's No. 1 — just in case anyone had any doubts.

THE ASSOCIATED PRESS

CFL

Montreal ends home streak for Tiger-Cats

Backup quarterback Tanner Marsh ran in for a touchdown to lead the Montreal Alouettes to a 26-23 win over the Hamilton Tiger-Cats on Thursday.

It was the 'Ticats' first-ever loss at Tim Hortons Field since it opened last season.

Kyries Hebert intercepted Zach Collaros at the Montreal 30-yard line with 30 seconds left to seal the victory.

Marsh replaced starter Rakeem Cato midway through the second quarter after Cato was injured on a sack by Eric Norwood. Cato had completed four of seven pass attempts for 115 yards and one touchdown to that point.

Marsh finished 9-of-15 for 81 yards and one interception.

Montreal (4-5) spoiled the party at Tim Hortons Field on a night where the sell-out crowd of 24,212 celebrated the career of legendary Tiger-Cats defensive lineman Angelo Mosca, who had his No. 68 retired.

The win is also the Als second over Hamilton (6-3) and guarantees them the season series.

Luke Tasker and Jeff Matthews scored touchdowns for the Tiger-Cats. Brandon

THURSDAY In Hamilton

26 23
ALOUETTES TIGCATS

Rutley also scored for Montreal. Collaros completed 20 of 26 pass attempts for 293 yards, one TD and one interception. He was sacked six times.

Montreal kicker Boris Bede was good on three of four field-goal attempts, hitting from 31, 23 and 28 yards and missing from 45.

Hamilton kicker Justin Medlock hit all three field-goal attempts, from 37, 49 and 48 yards. It was Montreal's first game with Jim Popp as head coach after firing Tom Higgins following a win last week against B.C.

Hamilton had never lost at Tim Hortons Field since it opened on Labour Day last year — a streak of 10 straight.

The Ticats were also riding a five-game win streak this season and were coming off a lopsided 49-20 victory over Edmonton on the road.

The last team to beat the Ticats was Montreal on July 16.

THE CANADIAN PRESS

NFL IN BRIEF

Seahawk Wilson denies suffering from concussion

Seattle Seahawks quarterback Russell Wilson said Thursday he did not suffer a concussion in the NFC championship game against Green Bay, a day after comments in an article in Rolling Stone indicated Wilson may have suffered a head injury.

Wilson says that his comments were misunderstood and he did not have a head injury. Wilson took a big hit in the first half of the championship game from Clay Matthews. THE ASSOCIATED PRESS

Redskins say Griffin III cleared of concussion

Robert Griffin III evaded questions Thursday about when — or even if — he sustained a concussion in the Washington Redskins' second preseason game.

"You've got to talk to the people who report that stuff," Griffin said. The Redskins said later Thursday that the quarterback was cleared by an independent neurologist to play Saturday night at the Baltimore Ravens in what could be his last preseason action. THE ASSOCIATED PRESS

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Ready in

Prep time: 15 minutes
Cook time: 8 minutes
Serves 4.

Ingredients

- 4 oz soba noodles
- 1 cup sliced sweet onions
- 1 1/2 cups sliced red bell pepper
- 1 1/2 cup sliced mango strips
- 12 oz shelled, defrosted deveined large shrimp
- 1 Tbsp Sriracha
- 2 tsp minced ginger
- 2 Tbsp chopped cilantro
- 3 Tbsp toasted chopped cashews

Dressing

- 3 Tbsp sweet red chili sauce
- 2 Tbsp low sodium soy sauce
- 1 Tbsp vegetable oil
- 2 tsp sesame oil
- 2 tsp lemon juice

Directions

1. Cook soba noodles just until tender, about eight minutes. Drain and rinse with cold water. Add to a large bowl along with onions, bell peppers and mango.
2. Meanwhile, in a large skillet sprayed with vegetable oil, add shrimp, Sriracha and ginger. Sauté for five minutes or until just cooked. Let cool.
3. Dressing: Combine all ingredients and pour over noodles and vegetables. Mix well, place on serving platter, top with shrimp, cilantro and cashews.

Nutrition per serving

- Calories 340
- Protein 24 g
- Carbohydrates 40 g
- Fibre 2 g
- Total fat 2 g
- Saturated fat 2 g
- Cholesterol 130 mg
- Sodium 850 mg

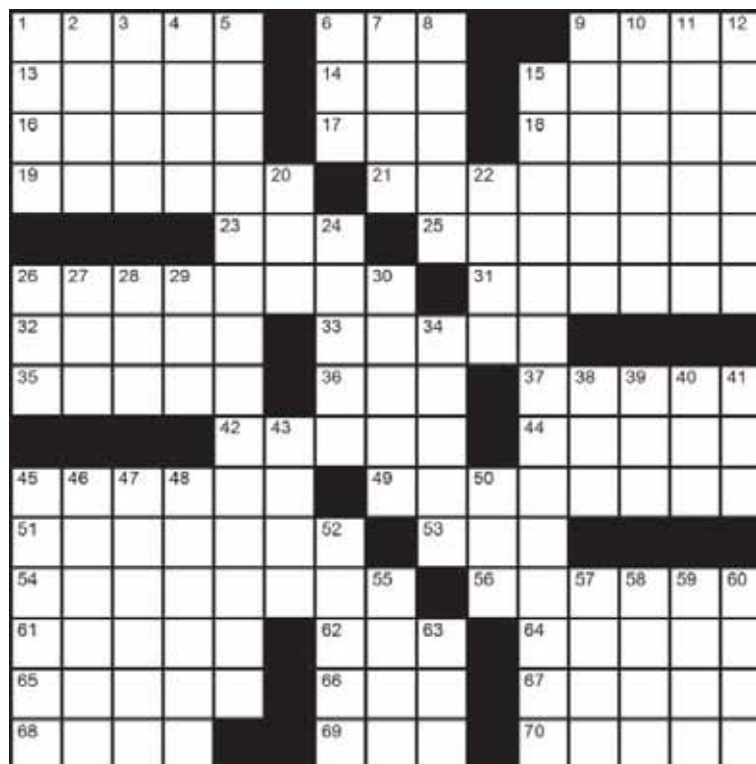
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Surname of "The Flintstones" co-creator
6. Contribute
9. Light fog
13. Classic theatre
14. Riddle-me-__
15. Hertz __ Car
16. Involved in the activity
17. Mr. Watanabe of movies
18. Canadian doctor, the "Father of Modern Medicine", William __ (b.1849 - d.1919)
19. Snoozing
21. Business presentation graphic: 2 wds.
23. Sanction
25. Patrick of "The Red Green Show"
26. John __ (Head Coach of the Calgary Stampeters)
31. More visibly embarrassed
32. Kettle part
33. Trim again
35. Procol __ (British band)
36. "Norma __" (1979)
37. Liquid dish soap scent
42. Baker's supply
44. Sports venue
45. Overly basks in one's triumph
49. French Protestant who believed in the doctrines of theologian John Calvin (b.1509 - d.1564)
51. Military craft locale: 2 wds.
53. Earth's lamp



54. Domineer
56. Nape
61. "Street __" (1987 to 1994 Canadian series)
62. Curtains holder
64. French artist Mr. Matisse
65. Gnarly geologically

66. Psychedelic drug
67. __ a high note
68. Unit of force
69. Nevertheless
70. Inn's booked spots

DOWN

1. Daytime TV host

- Ms. Kotb
2. Hubbubs
3. "Song Sung Blue" singer Mr. Diamond
4. Zero
5. Film about New Zealand writer Janet Frame, "An __ __" (1990)

6. Sacred chest
7. Way down in the ground
8. Jeans fabric
9. Interlocked
10. From the shore
11. Laurence __, 18th-century author of Tristram Shandy
12. Sauce served

- with seafood
15. Bruce Cockburn song with this projectile weapon in the title: 2 wds.
20. Nail down
22. Almond shade
24. Hamilton songstress Ms. Lightfoot
26. Prince Albert of Monaco's title letters
27. Work __ sweat
28. 'F' in FWIW
29. __-chah-nulth (People of the Pacific Coast of Vancouver Island)
30. Dog walker's need
34. The Whale constellation
38. Another time, long ago
39. Sign on a restaurant door
40. "Thou, too, sail __ Ship of State!" - Longfellow
41. __ Geo (Nature mag, fun-style)
43. Feminine suffix
45. Jailed, in Britain
46. Chauffeur's uniform
47. Beaver State
48. Grate
50. Director Mr. Van Sant
52. Too soon
55. Kennedy matriarch
57. City in Nevada
58. Reverse
59. Gift tag word
60. 1950s cars features
63. Banned insecticide

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20

You may be tempted to mess with something that, while not working perfectly, is still going okay. Resist the urge, making changes today could do more harm than good.

Taurus April 21 - May 21

You don't usually have doubts but you may hesitate today. The good news is that your indecision will in a strange way work in your favour.

Gemini May 22 - June 21

Don't be fooled by someone who wants you to believe that your paths have crossed purely by chance. Be friendly but don't be taken in by any offers they might make, almost certainly they are designed to make them rich and you poor.

Cancer June 22 - July 23

Some of the people you meet today will be touchy for no reason. Don't get caught up in their petty disputes, because you have issues of your own that need dealing with.

Leo July 24 - Aug. 23

You may be tempted to give up on something but the planets warn it is likely you are not seeing things straight. The tide will turn in your favour soon. Don't take any drastic decisions today.

Virgo Aug. 24 - Sept. 23

You are strongly advised to resist taking risks where the odds are stacked against you. You don't have to be negative but you do have to be sensible.

Libra Sept. 24 - Oct. 23

Because you feel vulnerable you may be inclined to think there is a hidden catch to what you are now being offered. You could not, in fact, be more wrong, so go for it or you could miss out on something good.

Scorpio Oct. 24 - Nov. 22

Friends may beg you to get involved in something they promise will be a lot of fun but your sixth sense tells you there is more to it than that, and your sixth sense is rarely wrong. Do only what you feel comfortable with.

Sagittarius Nov. 23 - Dec. 21

Success is coming but you will have to wait a few more weeks. The longer you have to wait the bigger the rewards you will receive. Be patient.

Capricorn Dec. 22 - Jan. 20

You are advised not to act on what you hear today, no matter how tempting. The information you get, even if it comes from a trusted source, is not reliable, so hold back and wait to see how things develop.

Aquarius Jan. 21 - Feb. 19

You could get fixated on something that in the greater scheme of things is of only minor importance. Strive to keep things in perspective today.

Pisces Feb. 20 - March 20

You may prefer to give people the benefit of the doubt but you should be wary of someone you think you can trust. Yes, maybe you are being suspicious for no good reason, but better safe than sorry.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

		4	5	2	3			
			1			8		
3		9					1	
2	9				8			1
	8						4	
4	6	3						7
5	7		2					3
9				7	6	5		
			8	3				

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Friends may forget you, relatives or even loved ones may forsake you, but the Lord says in Isaiah 49: 15 NLT, "Never! Can a mother forget her nursing child? Can she feel no love for the child she has borne? But even if that were possible, I would not forget you!" Do you want to benefit from the unfailing love of God? You must be in tune with Jesus, and accept Him as your Lord and Saviour.

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